

UNIVERSITY OF JAFFNA, SRI LANKA
BACHELOR OF SCIENCE IN NURSING
SECOND YEAR SECOND SEMESTER EXAMINATION – FEB - 2014
NURNP 2201 NURSING PRINCIPLES & PROCEDURES III

Date: 05.02.2014

Time: 3 hours

ANSWER ALL SIX QUESTIONS

1.
 - 1.1. What is palliative care (15 Marks)
 - 1.2. Write the principles of palliative care (25 Marks)
 - 1.3. Briefly describe the signs of a dying patient (30 Marks)
 - 1.4. Briefly describe the types of grief (30 Marks)

2.
 - 2.1. What do you mean by restrain (10 Marks)
 - 2.2. List the types of physical restraints (15 Marks)
 - 2.3. Briefly describe alternative measures for restrain applications (25 Marks)
 - 2.4. Briefly describe the interventions to promote safety of a person in all developmental stages (50 Marks)

3.
 - 3.1.
 - 3.1.1. List the causes of unconsciousness (10 Marks)
 - 3.1.2. Briefly describe the nursing care of an unconscious patient (40 Marks)
 - 3.2.
 - 3.2.1. Briefly describe the self-esteem by using Maslow's hierarchy of needs. (30 Marks)
 - 3.2.2. Write the characteristics of a low self-esteem person (20 Marks)

4.
 - 4.1. List 3 types of exercises based on muscle contraction, and give one example to each (30 Marks)
 - 4.2. Briefly describe the factors restricting mobility of a hospitalized patient (40 Marks)
 - 4.3. Discuss how does physical mobility improves sense of wellbeing of the patient (30 Marks)

5.
 - 5.1. List 3 types of sensory alterations (15 Marks)
 - 5.2. Identify the possible causes of sensory alteration in a hospitalized patient (40 Marks)
 - 5.3. Discuss the nursing action to prevent sensory alteration of a bed ridden patient (45 Marks)

6.
 - 6.1. Define sexual health (10 Marks)
 - 6.2. List the causes of sexual dysfunction (20 Marks)
 - 6.3. List 10 atypical sexual behaviors (paraphelias) with examples (30 Marks)
 - 6.4. Discuss why health care professionals give low priority to sexual health (40 Marks)