

UNIVERSITY OF JAFFNA, SRI LANKA.
BACHELOR OF SCIENCE IN NURSING
THIRD YEAR SECOND SEMESTER EXAMINATION-FEB - 2014
NURMN 3202 MATERNITY NURSING II - PAPER II

Date: 03.02.2014

Time: 02 Hours.

ANSWER ALL SIX QUESTIONS.

1. A 32 year old para 3 was admitted at 35 weeks of gestation with ante partum haemorrhage.
 - 1.1. Describe her emergency management until the cause is diagnosed (25 Marks)
 - 1.2. List the clinical features that are helpful in the diagnosis of the cause (25 Marks)
 - 1.3. List the investigations that are useful in the management of this patient (25 Marks)
 - 1.4. If the diagnosis is abruptio placenta, list four complications of this condition (25 Marks)

2. A 28 year old primigravida with an uncomplicated pregnancy goes into spontaneous labour at 39 weeks of gestation. During the second stage of labour, following delivery of the head of the foetus, the midwife encounters difficulty with delivering rest of the baby and suspects shoulder dystocia.
 - 2.1. How would you confirm this emergency condition in this patient? (25 Marks)
 - 2.2. Describe the measures that you would take to deliver the baby safely, if you confirm shoulder dystocia (50 Marks)
 - 2.3. List the complications that could be expected in this mother and the foetus as a result of shoulder dystocia (25 Marks)

3. A 38 year old woman was admitted with acute abdominal pain with a POA of 6 weeks. She was suspected to have an ectopic pregnancy.
 - 3.1. List the investigations necessary to confirm the diagnosis (25 Marks)
 - 3.2. If the diagnosis is confirmed as ruptured ectopic pregnancy, outline her management (50 Marks)
 - 3.3. Mention three risk factors for ectopic pregnancy. (25 Marks)

4. A 32 year old primigravida was found to have a blood pressure of 150/110mmHg, during her antenatal visit at 36 weeks of gestation. She also complained of headache.
- 4.1. Outline your initial management of this patient (25 Marks)
 - 4.2. Mention further symptoms and signs you will look for in this patient (25 Marks)
 - 4.3. List the laboratory investigations that will be useful in this patient (25 Marks)
 - 4.4. If this patient has been treated with MgSO₄, how would you monitor her (25 Marks)
5. A 28 year old woman in her second ongoing pregnancy is admitted for a caesarean section at 39 weeks of gestation. Her first pregnancy was a caesarean section due to a cephalo-pelvic disproportion.
- 5.1. Mention how would you prepare her for the operation (30 Marks)
 - 5.2. Outline the principles of monitoring her in the first 24 hours after the operation. (40 Marks)
 - 5.3. How would you advise her on discharge on the 3rd post operative day. (30 Marks)
6. A mother on sixth post partum day presents with right side breast engorgement.
- 6.1. Mention symptoms and signs which would support the diagnosis. (25 Marks)
 - 6.2. Outline the management to relieve the symptoms. (25 Marks)
 - 6.3. List three complications of this condition (25 Marks)
 - 6.4. Mention how will you advise the mother about breast feeding. (25 Marks)