

UNIVERSITY OF JAFFNA, SRI LANKA.
BACHELOR OF SCIENCE IN NURSING
THIRD YEAR FIRST SEMESTER EXAMINATION (NEW SYLLABUS) - JULY- 2013
NURMN 3105 MATERNITY NURSING I – PAPER II

Date: 25.07.2013

Time: 02 Hours.

ANSWER ALL SIX QUESTIONS.

1.

1.1. Define pregnancy (10 Marks)

1.2. Discuss; how to diagnose and confirm the pregnancy. (30 Marks)

1.3. Explain your responsibilities on care of a primi gravida who attends the antenatal clinic for the first time (60 Marks)

2.

2.1. Define puerperium (10 Marks)

2.2. Briefly explain the Process of involution of uterus (20 Marks)

2.3. How would you monitor a mother in the first 24 hours postpartum who has had uncomplicated vaginal delivery (30 Marks)

2.4. Outline the advice you would give to a postnatal mother on discharge (40 Marks)

3. Write explanatory note on:

3.1. Partogram (50 Marks)

3.2. Minor disorders of new born (50 Marks)

4.
 - 4.1.
 - 4.1.1. Define the stages of Labour (30 Marks)
 - 4.1.2. Briefly explain the preparation of the labour room before conducting delivery (30 Marks)
 - 4.2.
 - 4.2.1. List the indications for Episiotomy? (20 Marks)
 - 4.2.2. Briefly write about types of Episiotomy (20 Marks)

5. A 26 year old primi gravid at a Period of Amenorrhoea (POA) of 39 weeks was admitted to the antenatal ward with intermittent abdominal pain of 2 hours duration
 - 5.1. How would you diagnose true labour (20 Marks)
 - 5.2. What assessments and observations would you make for this mother? (30 Marks)
 - 5.3. Briefly discuss the possible nursing measures to alleviate the problems of this mother. (50 Marks)

6. Briefly describe the physiological changes that take place in the following system during pregnancy:
 - 6.1. Gastrointestinal system (40 Marks)
 - 6.2. Skin (35 Marks)
 - 6.3. Breast (25 Marks)