

**UNIVERSITY OF JAFFNA, SRI LANKA.**  
**BACHELOR OF SCIENCE IN NURSING**  
**THIRD YEAR FIRST SEMESTER EXAMINATION (NEW SYLLABUS) - JULY- 2013**  
**NURDT 3104 DIET THERAPY - PAPER II**

**Date: 31.07.2013**

**Time: 01 Hour.**

**ANSWER ALL FOUR QUESTIONS.**

1.

- 1.1. List the nutritional problems in Sri Lanka (20 Marks)
- 1.2. List the nutritional intervention programs to prevent common nutritional problems in Sri Lanka (30 Marks)
- 1.3. List the purpose of Dietary modification (20 Marks)
- 1.4. Briefly describe any 5 types of therapeutic diet (30 Marks)

2.

- 2.1. List the nutritional therapy goals for control of Type 2 Diabetes Mellitus (20 Marks)
- 2.2. Describe the breakdown of macro nutrients for type 2 Diabetes Mellitus patients (30 Marks)
- 2.3. As a nursing officer how will you educate an obese patient to reduce the weight (25 Marks)
- 2.4. Briefly describe the principles of dietary modification for a chronic kidney disease patient (25 Marks)

3.

3.1. What do you understand by “diet therapy” (20 Marks)

3.2. List the conditions which needs tube feeding (30 Marks)

3.3. Briefly describe the advantages of NG feeding than parenteral feeding (50 Marks)

4.

4.1. List the classes of Nutrients with examples (20 Marks)

4.2. Briefly describe the factors which could influence the food choice of an individual (40 Marks)

4.3. Discuss why it is difficult to change the food habit of an individual (40 Marks)