

**UNIVERSITY OF JAFFNA, SRI LANKA.**

**BACHELOR OF SCIENCE IN NURSING**

**FIRST YEAR SECOND SEMESTER EXAMINATION (NEW SYALLABUS) – JAN 2013**

**NURNP 1205 NURSING PRINCIPLES AND PROCEDURES I**

**Date: 30.01.2013**

**Time: 03 hours.**

**ANSWER ALL SIX QUESTIONS**

1.
  - 1.1. List the pressure points for the patient in supine position. (15 Marks)
  - 1.2. List the predisposing factors for bedsore (15 Marks)
  - 1.3. Name vulnerable groups who may get bedsore. (20 Marks)
  - 1.4. Briefly describe the possible nursing intervention to prevent the bedsore. (50 Marks)
  
2.
  - 2.1. List the patient positions and explain the purposes of each positioning (50 Marks)
  - 2.2. Describe the ways in which a nurse protects herself during repositioning/lifting the patient. (20 Marks)
  - 2.3. Name the comfort devices that are appropriate for use in fracture patients. (30 Marks)
  
3.
  - 3.1. Briefly describe the factors influencing in hygienic care. (40 Marks)
  - 3.2. Advice regarding
    - 3.2.1. Mouth care for a patient with neglected mouth. (30 Marks)
    - 3.2.2. Foot care. (30 Marks)

4.
  - 4.1. List the sites of measuring pulse rate. (30 Marks)
  - 4.2. Briefly describe the factors influencing on Blood pressure. (40 Marks)
  - 4.3. List six situations where vital signs need to be monitored (30 Marks)
  
5.
  - 5.1. List the sites for body temperature measurement. (15 Marks)
  - 5.2. Write the advantage and disadvantage for each sites mentioned in 5.1. (30 Marks)
  - 5.3. List the factors that influence the body temperature of a healthy person. (25 Marks)
  - 5.4. Explain the nursing actions to promote heat loss in management of a fever patient. (30 Marks)
  
6.
  - 6.1. Define Nursing process. (20 Marks)
  - 6.2. List the characteristics of Nursing process. (30 Marks)
  - 6.3. Briefly describe the 5 steps of Nursing process. (30 Marks)
  - 6.4. List 5 possible Nursing diagnosis for a patient with Fever and Diarrhea. (20 Marks)