



# HUMOUR TUMOUR

An Experience with Enlightenment

Dr. Kandiah Guruparan

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## **HUMOUR TUMOUR**

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  - Patients

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I tried to keep the incidents with a touch of laughter without hurting anyone involved.

Dr. K. Guruparan



## 1. Study sleep syndrome

In those days (1980-1985), grade 5 scholarship exam was not taken seriously, as in nowadays.

Some school class teachers arranged one or two special classes prior to the exams on Saturday mornings.

I attended such a special class which was scheduled between 8 and 11.30 am.

At 11.30 am, the class teacher awoke me and whispered in my ears 'Good Morning! special class finished; you have a very bright future.'

Anyhow, his words became true and I did not pass the grade 5 scholarship.

That Study sleep syndrome continued in school and medical college days. I tried my best to overcome it and all my efforts were unsuccessful.

It worried me until I listened to a surgeon who mentioned a similar history in his life in a Jaffna Medical Association (JMA) presidential address.

What a similarity!

*A small nap is important for a healthy brain!*

