

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Fourth Year First Semester Examination in BScHons(Nursing) – 2023/Proper 15th Batch

NURMN 4133 MATERNITY NURSING I – PAPER II

Date: 11.11.2024

Time: 2 hours

ANSWER ALL SIX QUESTIONS:

1. An antenatal mother with 39 weeks of gestation admitted to maternity ward with Labour pain. Midwife confirmed that labour is started after assessing the mother.
 - 1.1. List five (5) assessment findings which may help to rule-out, whether this mother is in true labour pain. (20 Marks)
 - 1.2. List, the common features which are favourable to go for normal delivery. (20 Marks)
 - 1.3. Explain the following,
 - 1.3.1. Physiological changes in first stage of Labour. (35 Marks)
 - 1.3.2. Nursing management during first stage of Labour. (25 Marks)

2. A mother delivered a baby through a Normal vaginal delivery.
 - 2.1. Briefly explain, how will you recognize that the second stage of labour has started (25 Marks)
 - 2.2. Briefly explain the immediate nursing interventions to control the vaginal bleeding after delivery of the baby. (35 Marks)
 - 2.3. Explain, the initial assessments and nursing interventions that to be performed to the newborn. (40 Marks)

3. Briefly explain the physiological changes which take place in the following systems during pregnancy:
 - 3.1. Gastrointestinal system (40 Marks)
 - 3.2. Cardio vascular system (30 Marks)
 - 3.3. Skeleto-muscular system (30 Marks)

4. A primi mother is in her POA at 8 weeks attended an antenatal clinic for booking visit.
- 4.1. Briefly explain, the importance of early registration of an antenatal mother. (10 Marks)
 - 4.2. List the risk factors of pregnancy (20 Marks)
 - 4.3. On the assessment, what are the detail history to be taken from this mother at her Booking visit. (30 Marks)
 - 4.4. Briefly explain, what are the screenings to be performed to identify the risk factors of this mother. (40 Marks)
- 5.
- 5.1. Define Normal puerperium. (20 Marks)
 - 5.2. Briefly describe the involution of uterus (30 Marks)
 - 5.3. Briefly write the advice that to be given to the postpartum mother on discharge. (50 Marks)
6. Write short note on:
- 6.1. Placental abnormalities (50 Marks)
 - 6.2. Foetal circulation (50 Marks)