



UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Third Year First Semester Examination in BSc Hons(Nursing) – 2023/Proper 16th Batch

NURCH 3134 COMMUNITY HEALTH NURSING II

Date: 28.11.2024

Time: 2 Hours

ANSWER ALL FOUR QUESTIONS

1.

1.1. Mrs. Priyanga, 26 years old multi gravida with second pregnancy, visit to the primary Health Centre (PHC) for her antenatal check-up on 8th July 2024. Her first child is a male child. Twin pregnancy was diagnosed in the current pregnancy. Her last menstrual period (LRMP) was 27th Feb 2024. Answer the following questions:

1.1.1. Calculate her EDD (10 Marks)

1.1.2. Calculate her period of Amenorrhea (POA) during this visit. (10 Marks)

1.1.3. Write the GPAL of this mother after delivery of the babies. (10 Marks)

1.2.

1.2.1. Define the term Maternal Mortality. (15 Marks)

1.2.2. List any five (5) antenatal causes which leads to maternal mortality. (25 Marks)

1.2.3. Briefly explain any three (3) antenatal causes which you mentioned in 1.2.2. (30 Marks)

2.

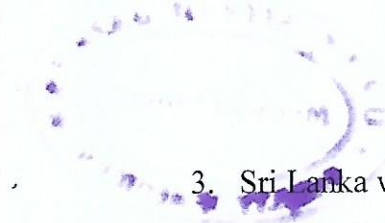
2.1. List five (5) temporary methods of family planning existing in Sri Lanka other than Oral Contraceptive pills (OCP) (20 Marks)

2.2. Mention two (2) main hormones which are present in oral contraceptive pills (10 Marks)

2.3. List five (5) contraindications for using OCP. (20 Marks)

2.4. List three (3) advantages and disadvantages of OCP. (20 Marks)

2.5. Briefly explain the method of using OCP for a woman who is going to follow the OCP as a family planning method. (30 Marks)



3. Sri Lanka was declared Malaria - free country on 5th September 2016 by the World Health organization. However, travelers from malaria-endemic countries bring the disease into the country. Sri Lanka is currently in the prevention of re-introduction and re-establishment of Malaria programme in Sri Lanka.

3.1. List two (2) main causative organism of Malaria. (10 marks)

3.2. Name the mosquito which carries the causative organism of Malaria. (10 marks)

3.3. List the objectives of Anti malaria campaign in Sri Lanka (20 marks)

3.4. List any four (4) strategies for Anti Malaria Elimination in Sri Lanka. (20 marks)

3.5. Briefly explain the activities which are carried out under each of the strategies mentioned in 3.4. (40 marks)

4. Write short notes on:

4.1. Primary Health Care (PHC) (50 Marks)

4.2. Iron deficiency anaemia during Pregnancy (50 Marks)