



UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES

Second Year First Semester Examination in BScHons(Nursing) – 2023/Proper 17th Batch

NURDT 2142 DIET THERAPY- PAPER II

Date: 04.12.2024

Time: 1 hour

ANSWER ALL THREE QUESTIONS

1.

- 1.1. List the common types of nutritionally modified therapeutic diets. (20 Marks)
- 1.2. Briefly write about any three types of diets mentioned in 1.1. (30 Marks)
- 1.3. Briefly explain the factors need to be considered during meal planning. (30 Marks)
- 1.4. List the benefits of meal planning. (20 Marks)

2. A 15-year-old male patient was admitted with a second degree burn in the gluteal region, caused by an accidental spilling of hot water two days ago.

- 2.1. List the nutritional management goals for this patient. (20 Marks)
- 2.2. List the micronutrient modification required for this patient. (25 Marks)
- 2.3. Briefly explain the macronutrient modification needed for this patient. (30 Marks)
- 2.4. List the complications arising from nutritional imbalances in burn patient. (25 Marks)

3. A 43-year-old male with liver cirrhosis is admitted to medical ward. His 24-hour dietary recall shows a low-calorie diet primarily derived from starch.

- 3.1. List the consequences of untreated liver cirrhosis. (25 Marks)
- 3.2. List additional nutritional assessment that could be performed for this Patient. (20 Marks)
- 3.3. Briefly explain the dietary macronutrient guidelines for this patient. (30 Marks)
- 3.4. Outline the micronutrient modifications needed for this patient. (25 Marks)