

Distribution of haematological conditions, comorbidities and activities of daily living among patients referred to haematologic clinic of TH Jaffna.

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Introduction

- Haematological disorders can significantly impact an individual's health and quality of life.
- The distribution of haematological conditions, along with associated comorbidities and their impact on activities of daily living represents a sensitive area of study in the field of hematology.
- Understanding the prevalence, characteristics, and interplay of these factors are pivotal for optimizing patient care.

Methodology

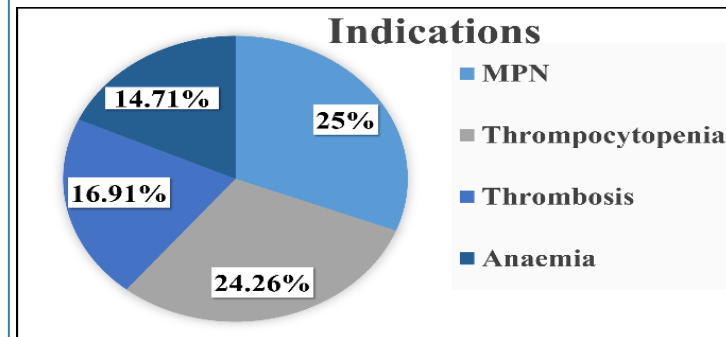
- An interviewer administrated questionnaire was used to collect data for a period of 3 months.

Conclusion

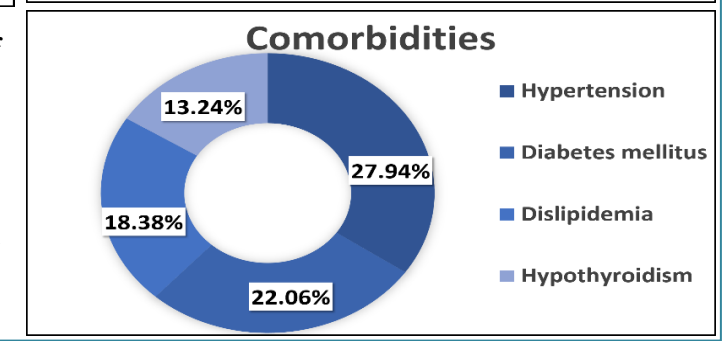
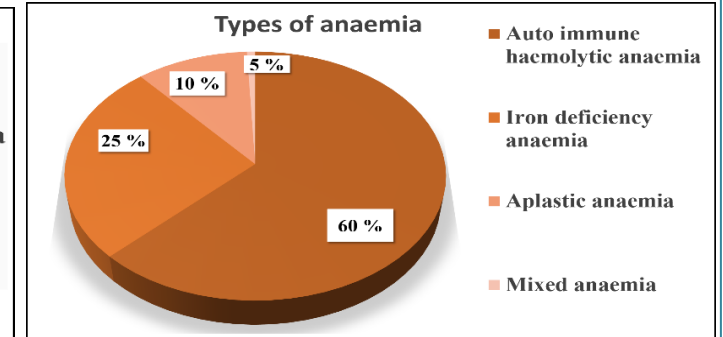
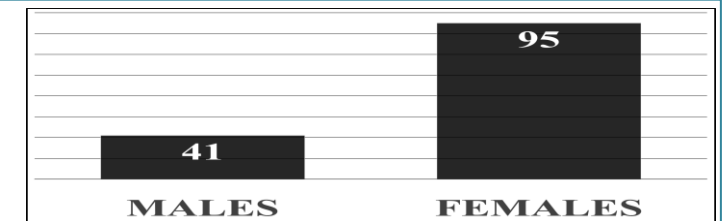
- In this study majority was females ; with the mean age of 51 years.
- The commonest indication was MPN ; predominately in males.
- Hypothyroidism was an important unexpected comorbidities.
- Many patients demonstrate functional independence on diagnosis and able to maintain their activities of daily living.

Results

- 136 patient's data were recruited.
- Age ranged from 4 years to 89 years.
- Common indications for referral include myeloproliferative neoplasm, thrombocytopenia, thrombosis and anaemia.



- No any comorbidities found in 38.97 % of patients.
- The mean of activities of daily living was 19.64 ± 1.49 .
- The majority of the patients (94.12 %) were non vegetarians.



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