

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Third Year First Semester Examination in BScHons(Nursing) – 2022/Proper 15th Batch

NURCH 3142 COMMUNITY HEALTH NURSING II -PAPER II

Date: 29.12.2023

Time: 2 Hours

ANSWER ALL FOUR QUESTIONS

1. Routine new born care is essential to aid babies in the transition period right after birth.
 - 1.1. Define newborn. (10 Marks)
 - 1.2. List the features of newborn which predispose to heat loss. (20 Marks)
 - 1.3. List the methods of heat loss in newborn. (20 Marks)
 - 1.4. Briefly explain the benefits of establishing the followings for a newborn.
 - 1.4.1. Kangaroo Mother Care (KMC) (25 Marks)
 - 1.4.2. Breastfeeding (25 Marks)

2.
 - 2.1. Define Maternal and Child Health (MCH). (10 Marks)
 - 2.2. List the objectives of MCH. (20 Marks)
 - 2.3. Briefly describe any five (5) antenatal causes for Maternal Mortality. (30 Marks)
 - 2.4. Describe the roles and responsibilities of a Public health Midwife (PHM) in maternal care. (40 Marks)

3.
 - 3.1. List five (5) 'Vitamin D' rich foods available in Sri Lanka. (20 marks)
 - 3.2. List the importance of 'Vitamin D' in our body. (20 marks)
 - 3.3. List the symptoms of Vitamin D deficiency. (20 marks)
 - 3.4. Describe the roles and responsibilities of a Public Health Midwife (PHM) on nutritional assessment and screening the nutritional problem. (40 marks)

4. Write short notes on:
 - 4.1. Tetanus and Tetanus toxoid (50 Marks)
 - 4.2. Management and prevention of Diarrhoea. (50 Marks)