



**UNIVERSITY OF JAFFNA, SRI LANKA\***  
**FACULTY OF ALLIED HEALTH SCIENCES**  
**Second Year First Semester Examination in BScHons(Nursing) – 2022**

**NURIP 2152 INTRODUCTION TO PSYCHOLOGY**

**Date: 16.12.2023**

**Time: 2 Hours**

**ANSWER ALL FOUR QUESTIONS**

1.
  - 1.1. List the basic emotions. (30 Marks)
  - 1.2. Provide a concise description of the following emotional experience:
    - 1.2.1. physiological arousal (10 Marks)
    - 1.2.2. cognitive interpretation (10 Marks)
    - 1.2.3. subjective feeling (10 Marks)
    - 1.2.4. behavioral expression. (10 Marks)
  - 1.3. Elaborate the significance of understanding and managing emotions in the nursing profession. (30 Marks)
  
2.
  - 2.1. Define motivation. (20 Marks)
  - 2.2. Distinguish between intrinsic and extrinsic motivation with examples for each. (25 Marks)
  - 2.3. List any three (3) motivational theory (15 Marks)
  - 2.4. Briefly explain any one theory which you mentioned in 2.3 with the relevant examples in the context of nursing practice. (40 Marks)
  
3.
  - 3.1. Define Psychology. (10 Marks)
  - 3.2. Explain the role of psychologists in health care sector. (30 Marks)
  - 3.3. List the sub-fields of clinical Psychology. (30 Marks)
  - 3.4. Discuss the influence of heredity and environment on behavior (30 Marks)
  
4.
  - 4.1. Define the concept of memory. (20 Marks)
  - 4.2. Explain the process of memory. (30 Marks)
  - 4.3. Describe the types of memory with examples. (30 Marks)
  - 4.4. Briefly explain the determinants of attention. (20 Marks)