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UNIVERSITY OF JAFFNA, SRI LANKA  
FACULTY OF ALLIED HEALTH SCIENCES  
Fourth Year Second Semester Examination in BScHons (Nursing) – 2021

NURMN 4223 MATERNITY NURSING II – PAPER II

Date: 30.06.2023

Time: 2 hours

**ANSWER ALL SIX QUESTIONS**

**Answer Part A and Part B in separate booklets**

**Marks allotted to each question is indicated in bracket**

**Part A**

1. A 26-year-old newly married woman is admitted to emergency unit with lower abdominal pain and bleeding at POA 8 weeks. Her urine pregnancy test is positive. She is taking folic acid for the last two months.
  - 1.1. List three (3) possible causes for her presentation. (30 Marks)
  - 1.2. Mention your initial nursing care of this patient on admission. (30 Marks)
  - 1.3. Briefly describe your nursing preparation of this patient if she is planned for a surgical intervention. (40 Marks)
  
2. A 36-year-old P<sub>5</sub>C<sub>4</sub> pregnant woman is admitted to the obstetric ward with vaginal bleeding for 2 hours on 37 weeks of her pregnancy.
  - 2.1. List two (2) common causes for her presentation. (10 Marks)
  - 2.2. Describe your initial nursing care of this patient on admission. (30 Marks)

Due to her condition, an emergency caesarean section is planned by the obstetric team. You are asked to prepare her for this emergency operation.

  - 2.3. Mention the details that would be written in the patient identification label? (20 Marks)
  - 2.4. Describe your post operative nursing care of this mother in the ward following caesarean section? (40 Marks)

**Part B**

3. A 28-year old postnatal mother presented with fever, abdominal pain and purulent vaginal discharge on tenth day following a vaginal delivery. (30 Marks)
- On admission, her temperature was 102<sup>o</sup> F and a tender uterus was noted.
- 3.1. Mention five (5) causes for postpartum pyrexia. (15 Marks)
- 3.2. List three (3) basic investigations that could be done in this patient. (40 Marks)
- 3.3. Briefly describe the initial nursing care of this patient. (15 Marks)
- 3.4. List the three (3) bacterial organism causing above condition.
4. A 30- year- old housewife is in her 6<sup>th</sup> pregnancy delivered at home and admitted to the emergency unit with bleeding following delivery. Obstetric team managed as primary postpartum haemorrhage. (20 Marks)
- 4.1. Define primary postpartum haemorrhage. (10 Marks)
- 4.1. Mention the most likely cause for postpartum haemorrhage in this patient. (20 Marks)
- 4.2. Briefly describe the initial resuscitation of this patient. (20 Marks)
- 4.3. List four (4) medications which are useful in controlling bleeding in PPH (30 Marks)
- 4.4. Discuss the nursing care of this patient.
5. Write short notes on: (30 Marks)
- 5.1 Antenatal exercise (30 Marks)
- 5.2 Episiotomy care (40 Marks)
- 5.3 Exclusive breast feeding
6. Describe your nursing care advice on the following conditions in pregnancy: (40 Marks)
- 6.1. Heart burn (30 Marks)
- 6.2. Lower limb varicose veins (30 Marks)
- 6.3. Backache