



UNIVERSITY OF JAFFNA, SRI LANKA  
FACULTY OF ALLIED HEALTH SCIENCES  
Third Year First Semester Examination in BScHons (Nursing) - 2021

NURDT 3153 DIET THERAPY - PAPER II

Date: 31.03.2023

Time: 2 hours

ANSWER ALL FOUR QUESTIONS

1.
  - 1.1. List the importance of having balanced diet (20 Marks)
  - 1.2. Briefly describe the types of dietary modifications based on consistency (30 Marks)
  - 1.3. List the factors affecting the basal metabolic rate (20 Marks)
  - 1.4. Discuss "Nutritional problems in Sri Lanka" (30 Marks)
  
2. Write short notes on the following:
  - 2.1. Patient feeding methods (50 Marks)
  - 2.2. Hospital diet (50 Marks)
  
3.
  - 3.1. Discuss the nutrition demands in pregnancy and the special consideration on nutrition during pregnancy (60 Marks)
  - 3.2. Briefly explain the nutritional need of an infant (40 Marks)
  
4.
  - 4.1. Define "therapeutic diet". (10 Marks)
  - 4.2. List the types of therapeutic diet. (30 Marks)
  - 4.3. Discuss the dietary modifications for the patients with following conditions:
    - 4.3.1. Obese (20 Marks)
    - 4.3.2. Liver disease (20 Marks)
    - 4.3.3. AIDS (20 Marks)