

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Third Year First Semester Examination in BScHons (Nursing) - 2021

NURCH 3134 COMMUNITY HEALTH NURSING II

Date: 29.03.2023

Time: 3 Hours

ANSWER ALL SIX QUESTIONS

1.

- 1.1. Mrs.S.Seetha, 28 year old primi mother with POA 12 weeks, BMI at booking visit is 30.1 kg/m², came to the second antenatal visit at Primary Medical Care Unit (PMCU).
- 1.1.1. List the registers which are used in the antenatal clinics. (10 Marks)
- 1.1.2. List the routine screening tests should be done for this mother during her booking visit. (20 Marks)
- 1.1.3. Explain the health advices that you can give to this mother. (40 Marks)

- 1.2. The goal of tetanus immunization in the Expanded Programme of Immunization (EPI) is to eliminate tetanus and neonatal tetanus from Sri Lanka.
- 1.2.1. Mention the causative organism of tetanus. (10 Marks)
- 1.2.2. Explain the doses of tetanus toxoid should be given for the pregnant women according to their parity (20 Marks)

2. Tuberculosis (TB) continues to be a public health problem in Sri Lanka and the estimated incidence in 2021, is 64/ 100,000 population.
- 2.1. Mention the causative agent of TB. (05 Marks)
- 2.2. Mention mode of transmission of TB. (05 Marks)
- 2.3. Explain about the “DOT” therapy in the TB treatment. (20 Marks)
- 2.4. List the drugs included in DOT therapy (20 Marks)
- 2.5. Briefly explain the actions that has to be taken by a community Health Nurse to reduce Tuberculosis in Srilanka. (50 Marks)

3. Maternal anemia and its consequences are high in low- and middle-income countries.
 - 3.1. Define the Iron deficiency anemia in pregnancy. (10 Marks)
 - 3.2. List the complications of anemia in mother and foetus. (30 Marks)
 - 3.3. Discuss the management including health advices for a pregnant woman with iron deficiency anemia. (60 Marks)

4. Providing optimal health care is the right of every newborn.
 - 4.1. Define the term Newborn. (10 Marks)
 - 4.2. Mention three (3) common universal screening should be done prior to discharge of a newborn from a hospital. (15Marks)
 - 4.3. List the benefits of Kangaroo Mother Care (KMC). (30 Marks)
 - 4.4. Explain the nursing immediate care for a newborn (45 Marks)

5.
 - 5.1. "Prevention is better than cure"
 - 5.1.1. Define Primary Health Care (PHC). (10 Marks)
 - 5.1.2. Explain the principles of Primary Health Care. (20 Marks)
 - 5.1.3. Describe the services available under Primary Health Care. (30 Marks)
 - 5.2. Discuss the common health problems faced by adolescents in the society. (40 Marks)

6. Write short notes on:
 - 6.1. Oral contraceptive pills (40 Marks)
 - 6.2. Breastfeeding (60 Marks)