



FACULTY OF ALLIED HEALTH SCIENCES
Fourth Year Second Semester Examination in BSc Hons (Nursing) – 2020

NURGN 4242 GERIATRIC NURSING – PAPER II

Date: 18.10.2022

Time: 02 Hour

ANSWER ALL QUESTIONS

1. Sri Lanka is the country with the highest proportion of elderly in South Asia.
 - 1.1. What you mean by population ageing of a country. (20 Marks)
 - 1.2. Briefly describe the challenges of population aging of a country. (30 Marks)
 - 1.3. Discuss the strategies which are helpful to overcome the challenges of population of Sri Lanka. (50 Marks)

2. It is usual to hear the elderly express that “I don’t know why god punishes me this much”
 - 2.1. List the possible causes of spiritual distress among the elderly. (20 marks)
 - 2.2. What are the additional information you need to find out the causes of the spiritual distress of this patient. (30 marks)
 - 2.3. Suggest the possible measures to overcome the spiritual distress of the elderly. (50 marks)

3.
 - 3.1. Briefly describe how the following age- related changes impair the communication of an elderly:
 - 3.1.1. Changes in vision (20 Marks)
 - 3.1.2. Changes in hearing (20 Marks)
 - 3.1.3. Cognitive decline (30 Marks)
 - 3.2. Describe the nursing interventions to improve the communication of the elderly who experiencing with Vision, hearing and cognitive changes. (30 Marks)

4. Describe the age- related changes of all body system and its effects on normal functioning of an elderly. (100 Marks)

5.
 - 5.1. Briefly describe the causes of sleep problems of the elderly. (50 Marks)
 - 5.2. Describe the effects of sleep problems on the quality of life of the elderly. (50 Marks)

6.

6.1. List the common intrinsic risk factors for fall among elderly. (40 Marks)

6.2. Describe the responsibilities of a nurse in the prevention of following safety risks of an institutionalized elderly:

6.2.1. Falls (20 Marks)

6.2.2. Burns (15 Marks)

6.2.3. Poisoning (15 Marks)

6.2.4. Accidents (10 Marks)