

UNIVERSITY OF JAFFNA SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Second Year Second Semester Examination in BScHons (Nursing) 2019

NURAH 2225 ADULT HEALTH NURSING I - Paper II

Date: 24.02.2022

Time: 2 hours

ANSWER ALL SIX QUESTIONS

Write answers in Separate booklets for Part A, B & C

Part A

1.
 - 1.1. Define 'Heart Failure'. (10 Marks)
 - 1.2. List the causes of heart failure. (20 Marks)
 - 1.3. List the investigations needed for diagnosing heart failure. (20 Marks)
 - 1.4. Briefly discuss the management of heart failure. (30 Marks)
 - 1.5. Write four (4) nursing diagnosis for a patient with heart failure. (20 Marks)

2. A 45 year old man presented to a medical ward with itchy skin, loss of appetite, loss of weight, and tea coloured urine and he was diagnosed to have jaundice.
 - 2.1. List five (5) causes for jaundice. (20 Marks)
 - 2.2. List the investigations used to identify the nature of jaundice. (20 Marks)
 - 2.3. During the history taking, what are the important questions need to be asked to identify the cause in this patient. (20 Marks)
 - 2.4. Briefly discuss the dietary advice for this patient. (20 Marks)
 - 2.5. Write four (4) nursing diagnosis for this patient. (20 Marks)

3.
 - 3.1. List five (5) common causes of iron deficiency anaemia. (20 Marks)
 - 3.2. List the clinical features of anaemia. (20 Marks)
 - 3.3. Briefly describe the dietary advice for a patient who has newly diagnosed with iron deficiency anaemia. (20 Marks)
 - 3.4. Write four (4) nursing diagnosis for the patient with iron deficiency anaemia and three (3) nursing interventions for each diagnosis. (40 Marks)

4. Briefly describe the pre, intra and post procedural nursing care of a patient undergoing following procedures;
- 4.1. Oesophago-Gastro-Duodenoscopy (OGD). (50 Marks)
- 4.2. Colonoscopy. (50 Marks)

Part B

5. A-36-year-old lady presented to A & E department with abdominal pain, abdominal distension and bilious vomiting. She also said that her bowel has not opened for 3 days duration. She was diagnosed to have acute intestinal obstruction.
- 5.1. Define intestinal obstruction. (10 Marks)
- 5.2. List the common causes for intestinal obstruction. (20 Marks)
- 5.3. List the investigations you would do in this patient. (10 Marks)
- 5.4. How will you prepare the patient for laparotomy? (20 Marks)
- 5.5. List the post- op care for intestinal obstruction. (20 Marks)
- 5.6. Mention the sequelae of intestinal obstruction if untreated. (20 Marks)

Part C

- 6.
- 6.1. List five (5) protective measures you will take to protect yourself from SARS CoV2 infection? (20 Marks)
- 6.2. List the points you need to be included in a health talk to the people in a diarrhea outbreak situation. (20 Marks)
- 6.3. List the actions to prevent Tetanus. (10 Marks)
- 6.4. List five (5) risk factors for developing pulmonary tuberculosis. (10 Marks)
- 6.5. What are the steps you could take to prevent Dengue fever outbreak as responsible citizen. (40 Marks)