

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Second Year First Semester Examination in BScHons (Nursing) - 2020

NURIP 2152 INTRODUCTION TO PSYCHOLOGY

Date: 28.06.2022

Time: 2 hours

ANSWER ALL SIX QUESTIONS

1.
 - 1.1. Define what Psychology is. (30 Marks)
 - 1.2. Explain the significance of Psychology in nursing. (70 Marks)
2.
 - 2.1. Explain the role of heredity and environment in determining human behavior (50 Marks)
 - 2.2. Describe the stages of prenatal development. (50 Marks)
3.
 - 3.1. Define the concepts of memory and forgetting. (20 Marks)
 - 3.2. Briefly explain the different kinds of memory with examples. (40 Marks)
 - 3.3. Describe the various types of forgetting. (40 Marks)
4.
 - 4.1. Define the concept of mental health. (20 Marks)
 - 4.2. Describe the characteristics of mentally healthy individual. (40 Marks)
 - 4.3. Identify the ways to prevent mental health problems in healthcare workers. (40 Marks)
5.
 - 5.1. What is meant by personality? (20 Marks)
 - 5.2. Explain the following features of the theory of psychoanalysis.
 - 5.2.1. Id, Ego and Superego. (30 Marks)
 - 5.2.2. Psychosexual stages. (50 Marks)
6.
 - 6.1. What is stress? (20 Marks)
 - 6.2. Explain stress management techniques. (40 Marks)
 - 6.3. Describe the basic human emotions. (40 Marks)