

**UNIVERSITY OF JAFFNA, SRI LANKA**  
**FACULTY OF ALLIED HEALTH SCIENCES**

**THIRD YEAR FIRST SEMESTER EXAMINATION IN B.SC. (HONS.) IN NURSING - 2019**  
**NURAH 3125 ADULT HEALTH NURSING II- PAPER II**

**Date: 26.11.2021**

**Time: 2 hours**

**ANSWER ALL SIX QUESTIONS**

**Answer Part A, B & C in separate booklets**

**Part A**

1. A 25-year-old recently married woman presented with weight gain, lethargy, sleepiness and constipation for the last three months duration. She also complains of heavy menstrual bleeding.
  - 1.1. List the problems in this woman. (20 Marks)
  - 1.2. Briefly explain, what are the assessments you would do for this woman? (30 Marks)
  - 1.3. Explain, How will you advice this woman regarding her illness and management. (50 Marks)

**Part B**

2.
  - 2.1. Define renal stone. (20 Marks)
  - 2.2. List the different types of renal stones. (30 Marks)
  - 2.3. Discuss the effects of stones in urinary tract. (50 Marks)
  
3. A 25-year-old woman presented to surgical clinic with lump in the anterior aspects of the neck.
  - 3.1. List the causes for lump in the anterior aspect of neck. (30 Marks)
  - 3.2. What are the investigations need to be requested for this patient? (30 Marks)
  - 3.3. Fine Needle Aspiration Cytology (FNAC) of lump is reported as papillary cell carcinoma of thyroid gland. Discuss the management plan of this patient (40 Marks)

### **Part C**

4. A 54-year-old known asthmatic woman admitted to the emergency unit with wheezing and difficulty in breathing of 3 days duration. On examination, she is dyspnoeic and her respiratory rate is 42/min.

4.1. List the other initial examinations you could do in this patient. (15 Marks)

4.2. What are the investigations need to be performed? (20 Marks)

During your examination, you found that the patient is not properly using the MDI.

4.3. Explain, how will you educate the patient regarding the usage of MDI with spacer? (30 Marks)

4.4. List three (3) complications of bronchial asthma. (15 Marks)

4.5. Write five (5) possible nursing diagnoses for this patient. (20 Marks)

5. A 65-year-old woman was admitted to the surgical casualty ward with the fracture **neck of left femur** following a fall at bathroom.

5.1. What could be the risks which this lady has? (20 Marks)

5.2. As a nurse what are the initial assessments you could do? (20 Marks)

5.3. List four (4) complications of fracture. (20 Marks)

5.4. Mention the initial management of this woman before the definitive surgery. (15 Marks)

5.5. List five (5) possible nursing diagnosis for this patient (25 Marks)

6. Briefly explain the pre, intra and post procedural care of the patient for the following procedures:

6.1. Bronchoscopy (50 Marks)

6.2. Cystoscopy (50 Marks)