

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
THIRD YEAR FIRST SEMESTER EXAMINATION IN B.SC. (HONS.) IN NURSING - 2020

NURCH 3134 COMMUNITY HEALTH NURSING II

Date: 01.12.2021

Time: 3 Hours

ANSWER ALL SIX QUESTIONS

1.

1.1. List five (5) major non- communicable diseases. (20 Marks)

1.2. List the common lifestyle risk factors which increase the risk of non-communicable diseases. (30 Marks)

1.3. As a community health nurse, briefly describe a plan for an individual health education by considering four levels of preventive measures for a 56 years old person who is with all risk factors which you mentioned in 1.2. (50 Marks)

2.

2.1. List the Family Planning methods existing in National Family Planning programme in Sri Lanka. (20 marks)

2.2. Briefly describe the Family Planning services available in Sri Lanka. (20 marks)

2.3. Discuss the challenges and opportunities on delivering the family planning services in Sri Lanka. (30 marks)

2.4. Describe the roles and responsibilities of a Public health Midwife (PHM) in family planning services. (30 marks)

3.

3.1. Define the term “Infant Mortality Rate” (IMR). (10 marks)

3.2. List four (4) most significant causes of infant deaths in Sri Lanka. (20 marks)

3.3. List any other five (5) causes for Infant death which is not mentioned in 3.2. (20 marks)

3.4. Briefly explain the preventive measures that could be taken to minimize the Infant Mortality in Sri Lanka. (50 marks)

4.

- 4.1. Discuss the role of Public Health Nursing Sister (PHNS) in the following:
- 4.1.1. School Health programme. (20 marks)
 - 4.1.2. Environmental Sanitation. (20 marks)
 - 4.1.3. Communicable Diseases and Vaccination. (20 marks)
- 4.2. Briefly explain the strategies for Malaria elimination in Sri Lanka. (40 marks)

5.

- 5.1. Write the meaning of the terms given below:
- 5.1.1. Nulligravida. (05 Marks)
 - 5.1.2. Nullipara. (05 Marks)
 - 5.1.3. Primigravida. (05 Marks)
 - 5.1.4. Embryo. (05 Marks)
- 5.2. Explain the interventions that could be carried out during the Pre-Conception period in order to improve the maternal and child health. (40 Marks)
- 5.3. Briefly explain the routine activities carried out at the Antenatal Clinic. (40 Marks)

6. Write short notes on:

- 6.1. Antenatal causes of Maternal Mortality. (50 Marks)
- 6.2. Role of midwife in Post Natal Care. (50 Marks)