

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
FOURTH YEAR FIRST SEMESTER EXAMINATION IN B.SC (HONS.) IN
NURSING –2020

NURMN 4123 MATERNITY NURSING I– PAPER II

Date: 12.11.2021

Time: 02 Hours.

ANSWER ALL QUESTIONS

1.

1.1. Antenatal mothers are screened at their booking visit at Antenatal clinics (ANC).

1.1.1. List the screenings that performed at the booking visit to the ANC. (30 Marks)

1.1.2. Briefly explain the importance of doing above mentioned screening procedures for a pregnant woman, during booking visit. (40 Marks)

1.1.3. List the conditions which makes an antenatal mother to fall into the risk mother category. (20 Marks)

1.2. A 28 years old female gives birth to twins at 38 weeks of gestation in her second pregnancy. What is her gravida and parity? (10 Marks)

2.

2.1. Enumerate the features of the normal labour. (15 Marks)

2.2. Define the stages of labour. (15 Marks)

2.3. Describe the two phases of the first stage of labour. (10 Marks)

2.4. Mention five (5) differences between true labour and false labour. (20 Marks)

2.5. Explain the following terminologies related to pregnancy and child birth:

2.5.1. Lightening (10 Marks)

2.5.2. Cervical effacement (10 Marks)

2.5.3. Cervical dilatation (10 Marks)

2.5.4. Show (10 Marks)

3.

3.1. Explain the physiological changes which take place in the following systems during pregnancy:

3.1.1. Gastrointestinal system. (40 Marks)

3.1.2. Musculo-Skeletal system. (40 Marks)

3.2. List the danger signs of pregnancy which needs immediate medical attention. (20 Marks)

4.

4.1. Define Normal Puerperium. (10 Marks)

4.2. Explain the changes that take place during puerperium in a postpartum mother. (55 Marks)

4.3. Write short note on "MEOWS" chart. (35 Marks)

5.

5.1. List four complications that could arise during third stage of labour. (20 Marks)

5.2. Explain the management to prevent the above complications during third stage of labour. (50 Marks)

5.3. Discuss the importance of early initiation of Breastfeeding. (30 Marks)

6.

6.1.

6.1.1. List four (4) indications of Episiotomy. (20 Marks)

6.1.2. Enumerate the importance of doing Episiotomy. (30 Marks)

6.1.3. List two (2) complications that could arise after Median Episiotomy. (10 Marks)

6.2. Explain the management of second stage of labour. (40 Marks)