

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
First year First semester Examination in BScHons (Nursing) - 2020

NURNP 1133 NURSING PRINCIPLES & PROCEDURES I - PAPER II

Date: 15.02.2022

Time: 02 Hours.

ANSWER ALL SIX QUESTIONS

1.

1.1. Give one suitable position for the patients with the following problems:

- 1.1.1. Dyspnoea (05 Marks)
- 1.1.2. Burn at chest and abdominal area (05 Marks)
- 1.1.3. Hypovolemic shock (05 Marks)
- 1.1.4. Unconscious patient with risk of aspiration (05 Marks)

1.2. A patient who is admitted to the orthopedic ward with fracture at tibial bone:

- 1.2.1. Mention five (5) comfort devices which can be offered to this patient. (25 Marks)
- 1.2.2. Mention one purpose of each comfort devices which you mentioned in 1.2.1. (25 Marks)

1.3. Explain the important aspects to be considered while shifting the patient to stretcher. (30 Marks)

2.

2.1. List patients who need special attention on mouth care. (10 Marks)

2.2. Explain, how the following conditions arise due to neglected oral hygiene:

- 2.2.1. Dental caries. (20 Marks)
- 2.2.2. Pyorrhoea. (20 Marks)
- 2.2.3. Calculus. (20 Marks)

2.3. Educate the caregiver about care of mouth of an unconscious patient. (30 Marks)

3. Short notes on:
 - 3.1. Qualities and responsibilities of a nurse. (30 Marks)
 - 3.2. Common sleeping problems. (30 Marks)
 - 3.3. Self-foot care for a Diabetic patient. (40 Marks)

4.
 - 4.1. List (4) the patients who are contraindicated for taking temperature in following routes:
 - 4.1.1. Oral (20 Marks)
 - 4.1.2. Rectal (20 Marks)
 - 4.2. Explain the mechanism of fever. (30 Marks)
 - 4.3. Explain the Nursing measures to reduce fever. (30 Marks)

5. An 80-year-old obese elderly woman who is bedridden with limited movements for more than one month. She also has diabetes for more than 10 years, having incontinent of urine and having difficulties on feeding for three weeks.
 - 5.1.1. List the predisposing factors of this patient which may cause bedsores. (20 Marks)
 - 5.1.2. This patient is in supine position at bed in most of the time, List the common pressure points for this woman. (20 Marks)
 - 5.1.3. List the early signs and symptoms of bedsores. (20 Marks)
 - 5.1.4. Educate the care givers about the bed sore and its prevention. (40 Marks)

6.
 - 6.1.
 - 6.1.1. List the common sites of taking pulse (20 Marks)
 - 6.1.2. List the characteristics of the pulse need to be observed while taking pulse (10 Marks)
 - 6.1.3. Briefly explain the factors affecting pulse rate. (40 Marks)
 - 6.2. Explain the nursing care for the patients with breathing difficulties. (30 Marks)