

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
Second year First Semester Examination in BscHonours in Nursing - 2019
NURIP 2152 INTRODUCTION TO PSYCHOLOGY

Date: 28.12.2021

Time: 2 hours

ANSWER ALL SIX QUESTIONS

1.
 - 1.1. Define Psychology with scholarly definition. (30 Marks)
 - 1.2. Describe the importance of Psychology in healthcare settings. (70 Marks)

2.
 - 2.1. Explain the stages of prenatal development. (50 Marks)
 - 2.2. Discuss the challenges and problems faced by adolescents. (50 Marks)

3.
 - 3.1. Define the term of stress. (20 Marks)
 - 3.2. Explain the stress response, briefly. (40 Marks)
 - 3.3. List out and explain the effective ways to manage stress. (40 Marks)

4.
 - 4.1. Describe the various types and stages of memory. (60 Marks)
 - 4.2. Describe the factors that influence forgetting. (40 Marks)

5.
 - 5.1. What is mental health? (30 Marks)
 - 5.2. Explain the characteristics of mentally healthy person. (30 Marks)
 - 5.3. Discuss the factors affecting the mental health of health care professionals. (40 Marks)

6.
 - 6.1. Define personality with scholarly definition. (30 Marks)
 - 6.2. Bring out the importance features of the theory of psychoanalysis (70 Marks)