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UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
FOURTH YEAR FIRST SEMESTER EXAMINATION B.SC (HONS.) IN NURSING
MARCH- 2021



Date: 15.03.2021

Time: 2 hours

ANSWER ALL SIX QUESTIONS

1.

1.1. A 27 year old antenatal mother attended an antenatal clinic on 7th of August 2020 for booking visit. Her LRMP was 23rd, July, 2020. What was her POA on booking visit and what is her EDD? (20 Marks)

1.2. A primi mother with POA of 14 weeks, came for her antenatal clinical appointment. She anxiously says that she could not eat well due to nausea, vomiting, heartburn and constipation.

1.2.1. As a nurse, clearly explain the reason for the above symptoms (50 Marks)

1.2.2. Educate the mother to get relief from these symptoms. (30 Marks)

2. Explain the routine antenatal care activities performed by the Public Health Workers in MOH clinics based on the following areas:

- Documentation (20 Marks)

- Screening (25 Marks)

- Medications & nutritional supplements (25 Marks)

- Health education (30 Marks)

3.

3.1. Define puerperium (10 Marks)

3.2. Briefly explain the nursing actions to be carried out for a newborn and post-natal mother after normal vaginal delivery before discharging from the hospital? (50 Marks)

3.3. Briefly explain the health education to be given to the postnatal mother during the postnatal home visit of a midwife. (40 Marks)

4. Mrs. Meena, a primi mother with POA of 39 weeks has been admitted to the labour room on 5th, March at 8am with labour pain. On history, she revealed that her labour pain started from 4 am onwards at home.
- 4.1. Briefly explain the assessment findings that would help you to recognize whether mother is already in labour. (25 Marks)
- 4.2. If the pain is confirmed as labour pain, mention the maximum time duration of each stages of labour to be completed for this mother for a normal delivery. (15 Marks)
- 4.3. If the mother is in first stage of labour, explain the parameters of assessment that would help you to identify the phase of labour, the mother is in. (20 Marks)
- 4.4. If the mother is in first stage of labour, briefly explain the management for this mother. (40 Marks)
5. A 24 year old, gravida 2, para 1 woman delivered a healthy term newborn vaginally at a maternity center. Midwives waited for the placenta to be delivered. The Baby was placed over the mother for breastfeeding.
- 5.1. Explain the two methods of placental separation. (30 Marks)
- 5.2. Explain active management of third stage of Labour and discuss whether active stage of management of third stage of labour is needed for this mother. (50 Marks)
- 5.3. Discuss the benefits of mother and baby by early initiation of breastfeeding. (20 Marks)
6. Write short notes on:
- 6.1. Foetal circulation (50 Marks)
- 6.2. Menstrual cycle (50 Marks)

