

UNIVERSITY OF JAFFNA, SRI LANKA

**BACHELOR OF SCIENCE IN NURSING**  
**FIRST YEAR SECOND SEMESTER EXAMINATION – APRIL 2020**



**NURNP 1265 NURSING PRINCIPLES AND PROCEDURES 1**

**Date: 24.09.2020**

**Time: 03 Hours**

**ANSWER ALL SIX QUESTIONS**

1.
  - 1.1. Write the normal values of the following vital signs for an adult:
    - 1.1.1. Body temperature (05 Marks)
    - 1.1.2. Pulse rate (05 Marks)
    - 1.1.3. Respiratory rate (05 Marks)
  - 1.2. List the various sites for measuring the following:
    - 1.2.1. Body Temperature (15 Marks)
    - 1.2.2. Pulse rate (20 Marks)
  - 1.3. List five (5) situations where the vital signs need to be monitored. (20 Marks)
  - 1.4. Briefly explain the mechanism of fever. (30 Marks)
2.
  - 2.1. Explain the risk factors of skin impairment. (30 Marks)
  - 2.2. Mention all the pressure points while patient is in supine position. (15 Marks)
  - 2.3. Mention the signs and symptoms of bed sore? (20 Marks)
  - 2.4. Explain the precautions that would be taken by a nurse to prevent bed sore. (35 Marks)
3.
  - 3.1. Briefly explain how would you maintain good body mechanics while performing nursing care. (50 Marks)
  - 3.2. Briefly explain the factors which affect blood pressure. (50 Marks)

4.

4.1.

4.1.1. List five (5) purposes of making open bed. (20 Marks)

4.1.2. Write five (5) measures to prevent spreading of infection while performing bed making. (20 Marks)

4.2. Briefly explain how to clean and store the following items after use:

4.2.1. Silver kidney tray. (20 Marks)

4.2.2. Macintosh. (20 Marks)

4.2.3. Sputum mug with sputum. (20 Marks)

5.

5.1. List the patients who need special attention in caring the following body parts:

5.1.1. Mouth. (25 Marks)

5.1.2. Perineum. (25 Marks)

5.2. Briefly explain the importance of taking care of the following body parts for all patients:

5.2.1. Mouth. (25 Marks)

5.2.2. Perineum. (25 Marks)

6.

6.1. As a nurse, educate a patient on the following aspects:

6.1.1. foot care for a patient with Diabetics Mellitus. (30 Marks)

6.1.2. alleviate the sleeping problems. (30 Marks)

6.2.

6.2.1. List five (5) types of positioning of patients and one (1) indication for each position. (20 Marks)

6.2.2. List five (5) comfort devices and one (1) indication for each device used in patient care. (20 Marks)

