



UNIVERSITY OF JAFFNA SRI LANKA
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR SECOND SEMESTER EXAMINATION - APRIL 2020
NURMN 4223 MATERNITY NURSING II - PAPER II

Date: 22.07.2020

Time: 2 hours

ANSWER ALL SIX QUESTIONS

1. A 24 year primigravida attend her booking visit at her 8 weeks of period of amenorrhoea.
 - 1.1. Define "booking visit". (10 Marks)
 - 1.2. Briefly explain how to perform urine HCG strip test. (40 Marks)
 - 1.3. List 3 routine investigations would be ordered in booking visit, other than urine HCG strip test. (15 Marks)
 - 1.4. Mention 5 risk factors can be identified from your assessment in booking visit. (35 Marks)

2. A 22 year old primigravida developed excessive vomiting in the morning and unable to tolerate oral feeds at 8 weeks of amenorrhoea. She does not have pain or bleeding per vaginum.
 - 2.1. Briefly explain the initial assessments of this patient (35 Marks)
 - 2.2. List 3 investigations commonly done for this patient (15 Marks)
 - 2.3. How will you advice this patient regarding diet and outcome of her condition.(50 Marks)

3. A 20 year old recently married woman was admitted to the casualty ward at 8 weeks of period of amenorrhoea with one day history of lower abdominal pain and vaginal bleeding.
 - 3.1. What are the possible causes for her presentation? (15 Marks)
 - 3.2. How will you assess her on admission? (25 Marks)
 - 3.3. List the investigations which can help to make the final diagnosis. (10 Marks)

Ectopic pregnancy was diagnosed from initial assessments.

 - 3.4. As casualty ward nurse, briefly explain the initial management of this patient before surgery. (50 Marks)

4. A 32 years old P₂C₁, attends the antenatal clinic at her 26 weeks. She was advised to have an oral glucose tolerance test (OGTT). You are the nursing officer looks after her.
- 4.1. How will you prepare her for the investigation? (25 Marks)
- Her OGTT results are below mentioned.

FBS -108 mg/dl

1ST HOUR-185 mg/dl 2ND HOUR-156 mg/dl

- 4.2. What is your interpretation of the report? (20 Marks)
- 4.3. Briefly describe your advice regarding diet and medication for this patient. (35 Marks)
- 4.4. How will you monitor her blood sugar until delivery? (20 Marks)
5. A 36 year old P₅C₄ pregnant woman is admitted to the obstetric ward with vaginal bleeding for 2 hours. She is 37 weeks into her pregnancy.
- 5.1. List 2 common causes for her presentation. (10 Marks)
- 5.2. Describe your initial assessment on this patient on admission. (30 Marks)
- Due to her condition, an emergency caesarean section is planned by the obstetric team.
- You are asked to prepare her for Operation Theater (OT).
- 5.3. What information should be written in the theater tag which is tied on the patient's hand? (20 Marks)
- 5.4. After caesarean section, describe your nursing care of this mother in the postnatal ward? (40 Marks)
6. Write short notes on:
- 6.1. Folic acid. (25 Marks)
- 6.2. Episiotomy wound care. (25 Marks)
- 6.3. Immunization schedule. (25 Marks)
- 6.4. Postpartum Dietary advice. (25 Marks)