



UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR SECOND SEMESTER EXAMINATION -APRIL 2020

NURGN 4242 GERIATRIC NURSING – PAPER II

Date: 24.07.2020

Time: 02 Hrs.

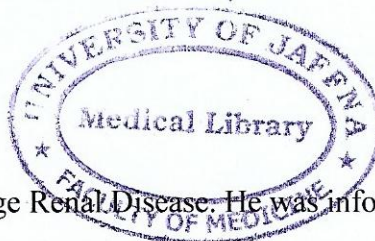
ANSWER ALL SIX QUESTIONS.

1. Explain the physiological changes of ageing that could lead to the following conditions.
 - 1.1. Malnutrition. (25 Marks)
 - 1.2. Recurrent fractures. (25 Marks)
 - 1.3. Frequent UTI. (25 Marks)
 - 1.4. Impaired skin integrity. (25 Marks)

2. Discuss the preventive measures that can be followed in elders' home to prevent the elders from the following:
 - 2.1. Infection of COVID 19. (50 Marks)
 - 2.2. Accidental fall. (50 Marks)

3.
 - 3.1. Briefly discuss why elders are at risk for developing bedsores. (40 Marks)
 - 3.2. Explain the preventive measures for elders who are at risk for developing bedsores. (60 Marks)

4.
 - 6.1. Briefly describe the causes of sleep deprivation among elders. (30 Marks)
 - 6.2. Explain the effects of sleep deprivation on health among elders. (30 Marks)
 - 6.3. Explain the nursing measures that will reduce sleeping problems among elders. (40 Marks)



5.

5.1. A 65 year old man was diagnosed with End Stage Renal Disease. He was informed by the nurse that he would be unable to survive for long. Explain the anticipated response of this patient through the stages of dying. (50 Marks)

5.2. Discuss with the elders on healthy retirement plan. (50 Marks)

6. Mrs. Shanthi, 79 years old woman brought to the hospital by her relative with the complaints of increasing abnormal behaviours and confusion. During the hospital stay she was observed with the following; refusal of meals, crying spells, anxious, seems lonely and sleeping disturbance. Later physician diagnosed her with dementia.

6.1. Briefly explain the cognitive assessment during history taking that would help to distinguish the dementia. (25 Marks)

6.2. List the possible risks for this woman during the stay at ward. (25 Marks)

6.3. Draw a nursing care plan for this woman in the following format. (50 Marks)

Nursing Diagnosis	Planning	Nursing Interventions	Rationale