

UNIVERSITY OF JAFFNA, SRI LANKA  
 BACHELOR OF SCIENCE IN NURSING  
 THIRD YEAR FIRST SEMESTER EXAMINATION – SEPT 2019  
 NURCN 3144 CHILD HEALTH NURSING I - PAPER II

Date: 30.10.2019

Time: 2 Hours

ANSWER ALL SIX QUESTIONS

1. A primi para having 30 days old baby, complaints to the midwife during her home visit that she does not have enough breast milk. After the assessment, midwife recognized that baby is receiving breast feeding adequately.
  - 1.1. Mention possible five reasons that make the mother to think her breastfeeding is not sufficient. (20 Marks)
  - 1.2. Mention five significant findings on assessment that helps the midwife to confirm that the baby is receiving breast milk sufficiently. (20 Marks)
  - 1.3. Discuss how the midwife counsels the above mother to establish breastfeeding confidently and to improve her milk secretion (60 Marks)
  
2. Explain how you will educate the mothers in the following situations:
  - 2.1. A working mother who worries that exclusive breast feeding will be discontinued when she return to work in 84 days. (35 Marks)
  - 2.2. Mother having in fear to breastfeed when she has cold and fever. (30 Marks)
  - 2.3. Mother worries that her newborn is showing frightening reaction even for low frequency sound. (35 Marks)
  
3. Briefly discuss regarding complementary feeding in the following areas:
  - 3.1. Importance of introducing complementary feeding at appropriate age. (40 Marks)
  - 3.2. Educate the mother about the factors which should be considered in preparing complementary feed. (60 Marks)

4.

4.1. Briefly discuss the assessment and care that should be made before discharging the new born from the postnatal ward (50 Marks)

4.2. Briefly write the guidelines which should be provided to the postpartum mother about the followings:

4.2.1. Care of umbilical area (25 Marks)

4.2.2. BCG vaccination (25 Marks)

5. Explain the development that occur until the age of two years in the following areas:

5.1. Motor development (60 Marks)

5.2. Speech development (40 Marks)

6. Discuss how a mother can optimize the development of a child up to one year. (100 Marks)