

UNIVERSITY OF JAFFNA, SRI LANKA  
BACHELOR OF SCIENCE IN NURSING  
FOURTH YEAR FIRST SEMESTER EXAMINATION - SEPT 2019  
NURMN 4123 MATERNITY NURSING I - PAPER II

Date: 28.10.2019

Time: 02 Hours

ANSWER ALL SIX QUESTIONS

1.

- 1.1. A 20 years old primi mother attended to the ante natal clinic on 27<sup>th</sup> of April 2019 for booking visit. Her LRMP is 23<sup>rd</sup> of February 2019.
- 1.1.1. What is her POA on booking visit? (10 Marks)
- 1.1.2. What is her EDD? (10 Marks)
- 1.1.3. Briefly describe the activities which are carried out to this mother in the ante natal clinic. (50 Marks)
- 1.2. List the markers for risk pregnancy. (30 Marks)

2.

- 2.1. Define "Normal Labour". (10 Marks)
- 2.2. Explain the physiology of first stage of labour. (40 Marks)
- 2.3. Explain the initial assessment of an antenatal mother who was admitted to maternity ward for labour. (50 Marks)

3.

- 3.1. Write a note on "Active management of third stage of labour" (30 Marks)
- 3.2.
- 3.2.1. Define "Normal Puerperium". (10 Marks)
- 3.2.2. Briefly explain the involution of pelvic organs. (30 Marks)
- 3.2.3. Discuss the responsibilities of a midwife in assessing the mother during home visit in the early postpartum period. (30 Marks)

4. A 24 years old lady with G<sub>2</sub>P<sub>1</sub> was admitted to Labour room on 10<sup>th</sup> October 2019 at 8.05 am. Her past obstetric history revealed that she had a normal vaginal delivery. She has no any medical and obstetrical problems in the current pregnancy. On admission cervix was dilated to 2cm and it was not further dilated until 4 pm. Obstetrician decided to induce the labour.

4.1. State in which stage and phase of labour of this mother. (20 Marks)

4.2. Briefly explain the factors which help to decide to proceed induction of labour of this mother. (40 Marks)

4.3. Explain the possible induction methods for this mother. (40 Marks)

5. Discuss the physiological changes which leads to minor disorders during pregnancy (100 Marks)

6. Write a note on:

6.1. Development of embryo from fertilization (50 Marks)

6.2. Foetal circulation (50 Marks)