

UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING  
FOURTH YEAR SECOND SEMESTER EXAMINATION -SEPT 2018

NURGN 4242 GERIATRIC NURSING – PAPER II

Date: 18 .09.2018

Time: 02 Hrs.

ANSWER ALL SIX QUESTIONS.

1. Mrs. Nallamma, 85 years old woman staying alone at her own house fell down inside her house and she was admitted to hospital by her neighbours. She is malnourished, dehydrated and Her BP is 90/60mmHg.
  - 1.1. List the possible reasons for malnourishment and dehydration of this woman (25 Marks)
  - 1.2. List the factors that might contribute to the fall of this woman (25 Marks)
  - 1.3. Discuss the safety interventions for a hazard free home environment for the elders. (50 Marks)
  
2.
  - 2.1. Briefly describe the importance of spirituality on aging process (20 Marks)
  - 2.2. What is spiritual distress (20 Marks)
  - 2.3. How does the spiritual distress expressed by elders (20 Marks)
  - 2.4. Describe the nursing interventions in the care of an elder with spiritual distress. (40 Marks)
  
3.
  - 3.1.
    - 3.1.1. Briefly describe the barriers in the sexual functions of elders. (30 Marks)
    - 3.1.2. Briefly describe the measures to support sexuality of elders. (30 Marks)
  - 3.2. Write note on “elder abuse”. (40 Marks)

4.
  - 4.1. What is Alzheimer's disease (10 Marks)
  - 4.2. List the risk factors of Alzheimer's disease. (15 Marks)
  - 4.3. Explain the signs and symptoms of Alzheimer's disease. (25 Marks)
  - 4.4. Briefly explain the management to reduce the symptoms of Alzheimer's disease. (30 Marks)
  - 4.5. Write a note on "mini mental status examination". (20 Marks)
  
5. It was reported that a 76 years man living in an elders' home had poor communication recently.
  - 5.1. List the various ways of communication. (10 Marks)
  - 5.2. Explain psychological and physiological changes that might impact on communication of this elderly man. (40 Marks)
  - 5.3. Assume you are the nurse in-charge of the elders' home; briefly discuss the measures that will help to improve the communication of elders. (50 Marks)
  
6.
  - 6.1. List the changes in sleeping pattern with ageing (30 Marks)
  - 6.2. Explain the common causes of sleep disturbance among elders. (70 Marks)