

UNIVERSITY OF JAFFNA SRI LANKA
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR SECOND SEMESTER EXAMINATION - MARCH 2019
NURMN 4202 MATERNITY NURSING II

PAPER II

Date: 11.03.2019

Time: 2 hours

ANSWER ALL SIX QUESTIONS

Write Answers in separate booklets for Part A & B

Part A

1.
 - 1.1. 22 year old newly married woman is admitted with severe lower abdominal pain and bleeding per vaginal after 6 weeks of Period of amenorrhea.
 - 1.1.1. What additional information you want to gather in this patient? (20 Marks)
 - 1.1.2. Describe your initial nursing care for this patient. (30 Marks)
 - 1.2. She underwent laparotomy for ruptured ectopic pregnancy in the afternoon.
 - 1.2.1. How will you look after her post operatively in the first 12 hours (50 Marks)

2. A 39 years old primigravida with the history of headache is found to have a blood pressure of 150/100mmHg, during her antenatal visit at 36 weeks of gestation.
 - 2.1. What is this clinical condition? (10 Marks)
 - 2.2. What are the clinical symptoms you will look in this patient? (30 Marks)
 - 2.3. List the laboratory investigations that will be useful in this patient (30 Marks)
 - 2.4. If this patient is treated with MgSO₄, how would you monitor her? (30 Marks)

Part B

3. A 35 year P₄C₃ mother is found to have haemoglobin 8g/dl at 28 weeks of gestation.
 - 3.1. What is the expected haemoglobin level during pregnancy? (10 Marks)
 - 3.2. List 5 causes for her low haemoglobin. (20 Marks)
 - 3.3. Briefly describe the consequences of low haemoglobin in pregnancy. (30 Marks)
 - 3.4. How will you educate this mother about her diet and medications to improve her low haemoglobin (40 Marks)

4. Briefly describe the following.
- 4.1. Preparation for an Oral glucose tolerance test in a primipara. (50 Marks)
- 4.2. Preoperative preparation for an elective caesarean operation in a past 2 section mother. (50 Marks)
5. A Grand Multi pregnant mother (Para 5) have 1000 ml blood loss soon after the delivery of the placenta.
- 5.1. What is this clinical condition? (10 Marks)
- 5.2. Mention 4 possible causes for this presentation. (20 Marks)
- 5.3. How can you assess the amount of blood loss after delivery? (30 Marks)
- 5.4. Explain your initial monitoring and care. (40 Marks)
6. Write Short notes on
- 6.1. Importance of preconceptional Folic acid. (25 Marks)
- 6.2. Nonpharmacological Management of morning sickness. (25 Marks)
- 6.3. Nutritional advice for Gestational diabetes. (25 Marks)
- 6.4. Post-partum intrauterine contraceptive device (PPIUCD) (25 Marks)