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UNIVERSITY OF JAFFNA, SRI LANKA.
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR FIRST SEMESTER EXAMINATION - FEB 2018
NURMN 4102 MATERNITY NURSING I - PAPER II

Date: 19 .02.2018

Time: 02 Hours.

ANSWER ALL SIX QUESTIONS.

1. Mrs. Shantha is a day one postpartum mother in the postnatal ward after having normal vaginal delivery.
 - 1.1. Write one normal findings of the following, during the postpartum assessment of this mother:
 - 1.1.1. Fundus (05 Marks)
 - 1.1.2. Lochia (05 Marks)
 - 1.1.3. Cervix (05 Marks)
 - 1.2. Write three (03) possible nursing diagnoses for this mother. (15 Marks)
 - 1.3. Write three (03) nursing interventions for each nursing diagnosis mentioned in 1.2. (36 Marks)
 - 1.4. Write the advice you would give to this mother on discharge. (34 Marks)

2. Mrs. Malar, 29 years old woman has confirmed her pregnancy and attended to the antenatal clinic for booking visit. Her history revealed that she is not sure about her date of onset of last menstrual cycle (LMP).
 - 2.1. Mention two other methods (other than LMP) to rule out the gestational week. (10 Marks)
 - 2.2. The estimated gestational age for this mother is 10th week of pregnancy.
 - 2.2.1. Mention in which trimester she is in? (10 Marks)
 - 2.2.2. List five possible signs that may be present in this trimester. (20 Marks)
 - 2.3. Explain the routine care given by midwives during booking antenatal clinical visit. (60 Marks)

3.
 - 3.1. Briefly discuss the physiological changes that take place in the gastrointestinal system during pregnancy. (70 Marks)
 - 3.2. Mention the possible minor disorders that occur due to the changes in gastrointestinal system. (30 Marks)

4. Explain the reasons for the following practice:
 - 4.1. Early ambulation in postpartum period. (30 Marks)
 - 4.2. Early initiation of Breastfeeding (30 Marks)
 - 4.3. Delaying the clamping of umbilical cord for two minutes (20 Marks)
 - 4.4. Examination of placental edges after placental delivery. (20 Marks)

5.
 - 5.1. Antenatal mother admitted to the labour room. As a nurse, briefly explain the assessment findings that would help you to recognize that the mother is already in labour. (40 Marks)
 - 5.2.
 - 5.2.1. Define stages of Labour (15 Marks)
 - 5.2.2. Mention the normal time duration for each stages of labour for a primi mother (12 Marks)
 - 5.3.
 - 5.3.1. Define active phase of labour. (10 Marks)
 - 5.3.2. If the active phase is slow, as a nurse, mention the two nursing interventions that could be applied to speed up the labour progress.(23 Marks)

6. Write short notes on:
 - 6.1. abdominal examination findings during third trimester of pregnancy. (50 Marks)
 - 6.2. active management of third stage of labour. (50 Marks)