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UNIVERSITY OF JAFFNA, SRI LANKA
BACHELOR OF SCIENCE IN NURSING
THIRD YEAR SECOND SEMESTER EXAMINATION – FEB 2018
NUR^{PH} 3224 ADULT HEALTH NURSING III - PAPER II

Date: 20.02.2018

Time: 02 Hours

ANSWER ALL SIX QUESTIONS

Answer the Part A, B, C, D, E, F & G in separate booklets

Part A

1.
 - 1.1. Give five (5) causes for upper airway obstruction (20 Marks)
 - 1.2. What are the instruments need to set up with the immediate post-operative tracheostomy patient? (30 Marks)
 - 1.3. List four (4) complications that can occur following tracheostomy surgery (20 Marks)
 - 1.4. Briefly describe the care of patient with tracheostomy tube (30 Marks)

Part B

2. A 45 year old female is admitted to surgical ward with lump in left breast noticed one month back
 - 2.1. List ten (10) symptoms and signs for carcinoma of breast (20 Marks)
 - 2.2. List five (5) possible investigations needed for this patient (10 Marks)
 - 2.3. List the possible modes of treatment available for this patient (20 Marks)
 - 2.4. Mention the preoperative preparation and post-operative management of simple mastectomy and axillary clearance (50 Marks)

Part C

3. A 65 year old man living with his wife and two daughters. He had fall and developed lower limbs paralysis due to spinal cord injury.
 - 3.1. List the causes for spinal cord injury (20 Marks)
 - 3.2. Write five (5) possible nursing diagnosis for the above patient (30 Marks)
 - 3.3. Briefly describe the nursing care for this patient (50 Marks)

Part D

- 4.
- 4.1. What is meant by cleft lip and cleft palate (15 Marks)
 - 4.2. Write a brief note about the epidemiology and prevalence of cleft lip and cleft palate among Sri Lankan population (20 Marks)
 - 4.3. List the immediate and late day today life problems faced by these patients (25 Marks)
 - 4.4. List the people to be included in the cleft patient management team (20 Marks)
 - 4.5. What are the advices and instructions must be given to mother regarding the feeding of a cleft baby (20 Marks)

Part E

5. A 67 year old patient with diabetes and hypertension presented to the emergency unit with difficulty in speech and weakness of the right face, arm and leg. He has presented to the emergency unit within 45 minutes of onset of stroke. He is accompanied by his son. He is conscious but, cannot speak. But he is able to understand your commands.
- 5.1. What are the initial steps in the management of this patient? (20 Marks)
 - 5.2. The medical officer has arranged a CT and the consultant reviews the patient and decides to thrombolysed the patient with rt-PA. How would you prepare this patient for thrombolysis? (25 Marks)
 - 5.3. Once in the ward, how will you position the patient and what is the basic care that the patient should receive? (30 Marks)
 - 5.4. The patient still has residual weakness and his relatives are worried. They also want to know what has happened to the patient and what kind of support he can get once he is taken back home. What advice will you give them (25 Marks)

Part F

6.

6.1.

6.1.1. List five (5) types of skin biopsy methods (20 Marks)

6.1.2. Explain the skin punch biopsy procedure (30 Marks)

Part G

6.2. Write short notes on

6.2.1. Infective Keratitis (25 Marks)

6.2.2. Post-operative nursing management of cataract surgery (25 Marks)