

NURIP 2152– INTRODUCTION TO PSYCHOLOGY

Date: 23.08.2017

Time: 2 Hours

ANSWER ALL SIX QUESTIONS

ANSWER PART A AND B IN SEPARATE BOOK LET

PART A

1.
 - 1.1 What is Psychology? (20 marks)
 - 1.2 Explain its importance in human life? (30 marks)
 - 1.3 “Psychology is very essential in nursing field”. Discuss this statement. (50 marks)

2.
 - 2.1. Define human development. (20 marks)
 - 2.2. Write an article on “adolescence period”. (40 Marks)
 - 2.3. Explain the various problem of child development. (40marks)

3.
 - 3.1. What is motivation? (20 Marks)
 - 3.2. Describe the various types of motivation. (40 Marks)
 - 3.3. Define emotion and explain its various types. (40 Marks)

4.
 - 4.1. Define the terms of memory and forgetting. (40 Marks)
 - 4.2. Explain the different types of memory. (30 Marks)
 - 4.3. List out and explain memory techniques (30 Marks)

5.

- 5.1. What is stress? (15 Marks)
- 5.2. Explain the physiological and psychological symptoms of stress. (35 Marks)
- 5.3. List various stress management techniques. (25 Marks)
- 5.4. Write an article on “mental health and healthy life”. (25 Marks)

PART B

6. A 9 year old boy who is admitted to the ward always hitting to the things and peoples. He has learned this aggressive behavior through the rewards he got from his friends.

- 6.1. Briefly discuss the theoretical base of the above behavior. (40 Marks)
- 6.2. Discuss the types of reinforcements can be used to modify his behavior. (60 Marks)