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ALLIED HEALTH SCIENCES UNIT, UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING

THIRD YEAR FIRST SEMESTER EXAMINATION – AUG 2017

NURAH 3125 – ADULT HEALTH NURSING II

Date: 17.08.2017

Time: 2 Hours

ANSWER ALL SIX QUESTIONS

*Answer part A, B, C, D and E in separate book lets*

**PART A**

1. A 28 year old recently married female presented with polyuria and polydipsia of few weeks duration. Her BMI was 30.5 mg/m<sup>2</sup>. Her FBS was 186 mg/dl.  
How will you approach and manage this lady? (100 marks)

**PART B**

2. A 15 year old boy presented to the medical ward with a history of headache, facial puffiness and ankle swelling for 3 days. He was diagnosed to have Post streptococcal Glomerulonephritis (PSGN).
- 2.1. List two findings you would expect in his UFR (20 marks )
- 2.2. List two other causes of glomerulonephritis. (20 marks )
- 2.3. List four steps in his management (40 marks )
- 2.4. Name two other infectious agents which can cause AGN (20 marks )

**PART C**

3. A bronchiectasis patient admitted with cough and breathing difficulty.
- 3.1. What is bronchiectasis? (10 marks)
- 3.2. What are the causes of bronchiectasis? (20 marks)
- 3.3. What are the cardinal clinical features of bronchiectasis? (25 marks)
- 3.4. Briefly describe the acute management of bronchiectasis exacerbation? (25 marks)
- 3.5. What advice you would give the patient on discharge ? (20 marks)

## PART D

- 4.
- 4.1. List five complications of Tetanus. (20 marks)
- 4.2.
- 4.2.1. Describe fluid resuscitation management of a 55 year old male with 30% of burn area of total body surface area. His body weight is 70 kg. (70 marks)
- 4.2.2. List five parameters you would monitor in this patient. (10 marks)

## PART E

- 5.
- 5.1. Enumerate the pathophysiology of Rheumatoid arthritis. (20 Marks)
- 5.2. List the sign and symptoms of Rheumatoid arthritis. (25 Marks)
- 5.3. Briefly describe the medical and surgical management of Rheumatoid arthritis. (25 Marks)
- 5.4. Discuss the nursing interventions of the 30 year old female patient with Systemic Lupus Erythematosus (SLE). (30 Marks)
- 6.
- 6.1. Define "Fracture". (10 Marks)
- 6.2. Briefly describe the classifications of Fracture. (30 Marks)
- 6.3. List the possible nursing diagnosis for a patient with open fracture. (20 Marks)
- 6.4. As an Emergency Nursing officer, how will you manage a patient with cervical fracture and having spo<sub>2</sub> 79% (40 Marks)