

**UNIVERSITY OF JAFFNA, SRI LANKA
BACHELOR OF SCIENCE IN NURSING**

FOURTH YEAR SECOND SEMESTER EXAMINATION -AUG- 2017

NURGN 4204 GERIATRIC NURSING – PAPER II

Date: 14 .8.2017

Time: 02 Hrs.

ANSWER ALL SIX QUESTIONS

1.
 - 1.1. Briefly explain the changes in sleep with ageing. (25 Marks)
 - 1.2. List the disease conditions that may affect the sleep of the elders. (15 Marks)
 - 1.3. Briefly explain the interventions that ^{can} ~~could~~ be improved the sleeping among elders. (35 Marks)
 - 1.4. Write a note on “Sleep disorders”. (25 Marks)

2.
 - 2.1. Briefly discuss the life style modifications that would help the elders to live healthy and comfortably. (45 Marks)
 - 2.2. Write a note on “Osteo arthritis” (35 Marks)
 - 2.3. List 10 most common diseases that affect the elders. (20 Marks)

3. Briefly write the normal physiological changes which take place during ageing in the following system:
 - 3.1. Genito Urinary system (50 Marks)
 - 3.2. Sensory changes (50 Marks)

4.
 - 4.1. Briefly discuss the availability of services and programmes for the elderly population in Sri Lanka. (60 Marks)
 - 4.2. Briefly explain the techniques that can be used to improve the communication among elders. (40 Marks)

5.
 - 5.1. Briefly describe the possible causes of home accidents among elders. (30 Marks)
 - 5.2. List the possible causes for confusion in elders. (20 Marks)
 - 5.3. Discuss the measures which can be taken to provide a hazard free home Environment for elders. (20 Marks)
 - 5.4. How will you assist to meet the physical needs of an elder patient? (30 Marks)

6.
 - 6.1. Briefly explain the signs and symptoms of Alzheimer's disease. (30 Marks)
 - 6.2. Briefly describe the pathophysiology of Alzheimer's disease. (30 Marks)
 - 6.4. Briefly discuss the interventions that could be reduced the risk of affecting Alzheimer's disease. (40 Marks)