



UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING
THIRD YEAR FIRST SEMESTER EXAMINATION – FEB 2017

NURDT 3153 DIET THERAPY-PAPER II

Date: 20.02.2017

Time: 2 Hour

ANSWER ALL FOUR QUESTIONS

1.

1.1. "Balanced nutrition provides good health for all"

1.1.1. Define the term "Balanced nutrition". (15 marks)

1.1.2. Briefly describe the importance of Balanced nutrition for good health (30 marks)

1.2. How do you apply diet therapeutics to control Diabetes mellitus? (35 marks)

1.3. List the components of "Heart healthy diet"? (20 marks)

2.

2.1. How do you ensure the nutritional status of a patient who got admitted to a surgical ward for a major surgery? (20 marks)

2.2. List the methods of feeding available for patient during post-operative period in a surgical ward? (20 marks)

2.3. Describe the different consistency of food you can provide for a post-surgical patient in a surgical ward? (30 marks)

2.4. Describe the nutritional advice can be given for a mother who had the normal delivery in a hospital (30 marks)

P.T.O

3. How do you provide nutritional advice for patients with following conditions prior to the discharge from a hospital

- 3.1. Patient with a BMI of 38kg/m^2 (25 marks)
- 3.2. Anaphylaxis following penicillin injection (25 marks)
- 3.3. Patient with a naso-gastric (NG) feeding (25 marks)
- 3.4. Pregnant woman after treated for severe anaemia (25 marks)

4. Write short notes on:

- 4.1. Nutritional problems in Sri Lanka (25 marks)
- 4.2. Parenteral feeding (25 marks)
- 4.3. Complimentary feeding for an infant (25 marks)
- 4.5. Nutrition of elders (25 marks)