



UNIVERSITY OF JAFFNA, SRI LANKA

**BACHELOR OF SCIENCE IN NURSING**  
**THIRD YEAR FIRST SEMESTER EXAMINATION – FEB 2017**

**NURAH 3125 ADULT HEALTH NURSING II - PAPER II**

Date: 09.02.2017

Time: 02 Hours

**ANSWER ALL SIX QUESTIONS**

**Answer the part A,B,C, D &E in separate booklets**

**PART A**

1. A 26 year old obese female (BMI-32) presented with the history of polyuria, polydipsia and significant weight loss of 2 months duration. Her FBS was 167 mg/dl and PPBS was 224 mg/dl.

How will you investigate and manage this patient?

**PART B**

- 2.
- 2.1. How will you prepare patient for intravenous Urogram (IVU)? (25 Marks)
  - 2.2. How will you prepare a patient for prostatectomy? (50 Marks)
  - 2.3. What are the post-operative complications of prostatectomy? (25 Marks)
- 3.
- 3.1. List the causes for Hematuria? (25 Marks)
  - 3.2. What are the useful investigations in a patient with Hematuria? (25 Marks)
  - 3.3. List the causes for Hydronephrosis? (25 Marks)
  - 3.4. Write short notes on congenital conditions of Kidney? (25 Marks)

### **PART C**

- 4.
- 4.1. Briefly describe Nursing management of 30% total body surface area burn in 43 year old female? (50 Marks)
- 4.2. Write short notes on
- 4.2.1. Gas gangrene (25 Marks)
- 4.2.2. Nursing management of hand infections (25 Marks)

### **PART D**

- 5.
- 5.1. What are the features of acute severe Asthma? (20 Marks)
- 5.2. How do you contribute to control Bronchial Asthma for a patient who is getting admitted to medical ward frequently with acute worsening of symptoms? (60 Marks)
- 5.4. List the classes of drugs and mode of delivery in long term Asthma management? (20 Marks)

### **PART E**

6. A 50 year old previously healthy gentleman, presented to the emergency unit complaining of, reduced urine output, facial puffiness and headache for 2 days. He also complained of a wound over the right shin for a duration of 2 weeks.
- 6.1. List 4 cardinal clinical features of Acute Glomerular Nephritis. (40 Marks)
- 6.2. List 2 common causes of Acute Glomerular Nephritis. (20 Marks)
- 6.3. Mention four (4) biochemical changes seen in AGN. (20 Marks)
- 6.4. How do you manage the acute presentation of AGN. (20 Marks)