

UNIVERSITY OF JAFFNA, SRI LANKA
BACHELOR OF SCIENCE IN NURSING
THIRD YEAR SECOND SEMESTER EXAMINATION – AUG 2016

**NURAH 3202 PRINCIPLES AND PRACTICE IN ADULT HEALTH
NURSING III - PAPER II**

Date: 10.08.2016

Time: 02 Hours

ANSWER ALL SIX QUESTIONS

Answer part A,B,C &D in separate answer booklet

PART A

1.
 - 1.1.List 5 biopsy techniques (20 marks)
 - 1.2.Briefly describe the procedure for skin biopsy (30 marks)
 - 1.3.Mention 5 diseases caused by herpes viruses (20 marks)
 - 1.4.What are the types of pediculosis (10 marks)
 - 1.5. List 3 examples for endogenous and exogenous eczema (20 marks)

PART B

2.
 - 2.1.Briefly describe the pathophysiology of open and closed angle glaucomas. (40 Marks)
 - 2.2.List the clinical manifestations of glaucoma. (20 Marks)
 - 2.3.Develop a nursing management plan for a patient undergo for a surgery to treat glaucoma (follow the nursing process steps) (40 Marks)

PART C

3. A 18 year old male patient is brought to the hospital. His parents says he is a known patient with epilepsy and has been fitting continuously for 15 minutes. He is drowsy on admission.
 - 3.1.What is this condition called? (10 marks)
 - 3.2.This patient is given the necessary emergency medication at the emergency unit and is transferred to the ward. What special precautions will you take when you admit him? (30 marks)
 - 3.3.After about 2 hours he develops a fit. What will you do? (30 marks)
 - 3.4.When speaking to his mother you find he gets frequent seizures and you doubt that the family has adequate understanding of his condition. How would you counsel them? (30 marks)

4. A patient presents to the ward with fever and headache for 3 days. The consultant suspects meningitis and orders a lumbar puncture in addition to other routine investigations. The house officer is new and the senior house officer is on leave. So you have to assist the house officer.
- 4.1. What is the first thing you will remind the house officer to document on the bed head ticket? (10 marks)
- 4.2. How do you help the house officer to carry out the procedure? (20 marks)
- 4.3. What are the medications needed for the procedure? (10 marks)
- 4.4. Give 2 main differences between meningitis and encephalitis. (10 marks)
- 4.5. Name 2 organism that causes encephalitis. (10 marks)
- 4.6. What are the general nursing care that you should give a patient with meningoencephalitis? (20 marks)
- 4.7. List 2 complications in a patient with encephalitis and a reduced level of ~~complication~~. *Conciousness.* (10 marks)
- 4.8. A patient is diagnosed to have TB meningitis and feels well now. His family asks you if they have to continue medication. What would you tell them? (10 marks)

PART D

- 5.
- 5.1. A four year old child has accidentally swallowed a foreign body (FB) 3 hours ago.
- 5.1.1. What is the commonest FB ingestion in Sri Lanka? (10 marks)
- 5.1.2. What FB ingestion needs an urgent management? (10 marks)
- 5.1.3. What methods are available to remove the FB from throat? (30 marks)
- 5.2. List two methods available to remove ear FB (20 marks)
- 5.3. List three indication for tracheostomy (30 marks)
- 6.
- 6.1. List 5 causes for Sensori-neural hearing loss (SNHL)? (25 marks)
- 6.2. List 5 management methods can be done on a patient presented with epistaxis (25 marks)
- 6.3. List 5 ENT presentations which need emergency management? (25 marks)
- 6.4. List five symptoms of acute epiglottitis (25 marks)