

UNIVERSITY OF JAFFNA, SRI LANKA.
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR SECOND SEMESTER EXAMINATION - AUG- 2016
NURMN 4202 MATERNITY NURSING II – PAPER II

Date: 01.08.2016

Time: 02 Hrs.

ANSWER ALL SIX QUESTIONS.

1. 30 year old primi gravida attends her booking visit. Her last regular menstrual period (LMP) was on 28th of June 2016.
 - 1.1. What is her expected date of delivery? (10 marks)
 - 1.2. What information you would gather from her history and examination? (30 marks)
 - 1.3. Describe the investigations done at the booking visit. (20 marks)
 - 1.4. How will you advice the patient regarding diet and exercise? (40 marks)

2. A 30 year old Grand multipara (P5C4) has hemoglobin 8g/dl during at her 18weeks of gestation.
 - 2.1. Explain the relevant history and examination findings. (30 marks)
 - 2.2. List the relevant investigations, would be ordered. (20 marks)
 - 2.3. Briefly describe the maternal and fetal complication of this condition. (25 marks)
 - 2.4. How will you educate this patient regarding nutrition and family planning? (25 marks)

3. A 28 year old multipara on her 38th weeks of gestation, was referred from local clinic with a blood pressure of 170/100mmhg and proteinuria.
 - 3.1. What is the identified problem/s in this patient? (10 marks)
 - 3.2. What information you will look in the history and examination? (30 marks)
 - 3.3. What is your initial nursing care to this patient? (30 marks)
 - 3.4. During postpartum, she was put on MgSO₄ infusion. How would you monitor her during MgSO₄ infusion? (30 marks)

4. Short notes on:
- 4.1. Importance of Folic acid in pregnancy. (30 marks)
 - 4.2. Antenatal tetanus toxoid. (30 marks)
 - 4.3. Postpartum intrauterine contraceptive device (PPIUCD). (40 marks)
5. A 32 year old primi gravida is admitted at 34 weeks with a history of watery discharge per vaginum for 2 hours.
- 5.1. What is the identified specific problem/s in this patient? (10 marks)
 - 5.2. What are the maternal and foetal complications due to the above presentation? (30 marks)
 - 5.3. What is the nursing care and advice you will give to this patient until she goes into labour? (60 marks)
6. A postpartum Day 10 mother presented with fever and lower abdominal pain. She had a term, normal vaginal delivery with a small episiotomy.
- 6.1. What are the possible causes for her presentation? (20 marks)
 - 6.2. What is the initial nursing care for this mother? (30 marks)
 - 6.3. Her urine full report shows field full of pus cells. What is your advice regarding her medication and nutrition? (30 marks)
 - How will you advise her on breast feeding? (20 marks)