

**UNIVERSITY OF JAFFNA, SRI LANKA**  
**BACHELOR OF SCIENCE IN NURSING**  
**FOURTH YEAR SECOND SEMESTER EXAMINATION -AUG- 2016**  
**NURGN 4204 GERIATRIC NURSING – PAPER II**

**Date: 03.8.2016**

**Time: 02 Hrs.**

**ANSWER ALL SIX QUESTIONS.**

1.
  - 1.1. Describe how the psychological and physiological changes impact the older adult's ability to communicate. (40 Marks)
  - 1.2. Discuss the steps that can be taken to improve the communication among elders (60 Marks)
  
2. Suppose you are a nurse in an elders' home and your main responsibilities are to reduce the risks of falling and alleviate the sleeping problems of elders. You are also required to do assessments regarding the risk factors for falling, the factors that affect sleeping and take the appropriate measures to reduce these problems:
  - 2.1. Briefly explain the factors that contribute to fall. (20 Marks)
  - 2.2. Discuss the nursing interventions that can be done to prevent falling among the elders. (30 Marks)
  - 2.3. Briefly explain the causes that may disturb the sleeping of elders. (20 Marks)
  - 2.4. Discuss the nursing intervention that can be done to alleviate the sleeping disturbance among the elders. (30 Marks)
  
3. Briefly describe the normal physiological changes that take place in the following system associated with aging:
  - 3.1. Musculo-skeletal (50 Marks)
  - 3.2. Skin (50 Marks)

4.

- 4.1. Briefly discuss the changes in structural and functional reproductive organs with aging. (30 Marks)
- 4.2. Discuss the barriers for sexual health. (40 Marks)
- 4.3. Briefly discuss the nursing interventions to solve the problems. (30 Marks)

5.

- 5.1. Briefly describe the effects of physiological changes of aging on drug therapy. (40 Marks)
- 5.2. Discuss the responsibilities of a Nurse on medication administration of elders. (60 Marks)

6.

- 6.1. Describe the causes of increased incidents of suicide among elders. (60 Marks)
- 6.2. Suggest the measures to prevent / minimize the causes mentioned in 6.1. (40 Marks)