

UNIVERSITY OF JAFFNA, SRILANKA.
BACHELOR OF SCIENCE IN NURSING
FIRST YEAR SECOND SEMESTER EXAMINATION – AUG 2016

NURNP 1265 NURSING PRINCIPLES AND PROCEDURES I

Date: 16.08.2016

Time: 03 Hrs.

ANSWER ALL SIX QUESTIONS

1.

- 1.1. Briefly explain three major causes of decubitus ulcer with suitable examples (15 marks)
- 1.2. Mention five vulnerable groups who may get decubitus ulcer. (15 marks)
- 1.3. Mention the pressure points for the patient in **side lying** position. (20 marks)
- 1.4. List the five possible early sign and symptoms of decubitus ulcer. (15 marks)
- 1.5. Briefly describe the possible nursing interventions to prevent decubitus ulcer. (35 marks)

2.

- 2.1. List the various patient positions. (20 marks)
- 2.2. Mention the situations where the each position mentioned in 2.1, can be used. (30 marks)
- 2.3. Mention the various types of comfort devices and its usage (50 marks)

3.

- 3.1. Define blood pressure. (5marks)
- 3.2. Briefly explain the factors influencing on blood pressure. (30marks)
- 3.3. Give possible health education for the patient who is having hypertension. (35 marks)
- 3.4. Write possible nursing diagnoses for a hypertensive patient (30 marks)

- 4.
- 4.1. List the patients who require special hygienic attention on mouth? (25 marks)
- 4.2. Briefly describe the complications that can occur due to neglected oral hygiene? (40 marks)
- 4.3. How will you advice a patient for maintaining oral hygiene. (35 marks)
- 5.
- 5.1. Mention the common sites for measuring the following
- 5.1.1. Pulse (20 marks)
- 5.1.2. Temperature (20 marks)
- 5.2. List the characteristics of pulse (15 marks)
- 5.3. Briefly explain the possible nursing interventions to reduce high temperature (45 marks)
6. Write short notes on :
- 6.1. Types of fever (50 marks)
- 6.2. Care of foot (50 marks)