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UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING

FIRST YEAR SECOND SEMESTER EXAMINATION – JAN 2016

NURNP 1265 NURSING PRINCIPLES AND PROCEDURES I

Date: 09.02.2016

Time: 03 Hours

ANSWER ALL SIX QUESTIONS

1. Mrs.Nirmala is admitted to your ward with fever.
 - 1.1. List the possible assessments that you will do for Mrs.Nirmala on admission. (15Marks)
 - 1.2. Briefly describe the mechanism of fever. (25 Marks)
 - 1.3. List the different types of fever (20 Marks)
 - 1.4. Briefly explain the nursing measures that will reduce the temperature of Mrs.Nirmala. (40 Marks)

2. Mrs.Shanthi, 77 year old lady is bedridden for more than one month and most of the time lying on supine position.
 - 2.1. What is decubitus ulcer (10 Marks)
 - 2.2. List the possible sites for Mrs.Shanthi likely to develop decubitus ulcer. (20 Marks)
 - 2.3. Enumerate the early signs and symptoms of decubitus ulcer. (20 Marks)
 - 2.4. Describe the nurse's role in prevention of decubitus ulcer. (35 Marks)
 - 2.5. List the other comfortable positions that you can suggest to the caregiver to provide Mrs.Shanthi. (15 Marks)

3.
 - 3.1. List the purposes of giving oral hygiene. (15 Marks)
 - 3.2. List the clients who require special hygienic attention on mouth. (20 Marks)
 - 3.3. Briefly explain the complications that can occur due to neglected oral hygiene (45 Marks)
 - 3.4. List the articles needed for mouth care for an unconscious patient. (20 Marks)

4.

- 4.1. Mention the normal value of blood pressure of an adult. (10 Marks)
- 4.2. What are the preliminary assessments should be done before taking blood pressure by using mercury Sphignomanometer? (25 Marks)
- 4.3. Define hypertension. (10 Marks)
- 4.4. Briefly explain the factors affecting blood pressure. (55 Marks)

5.

- 5.1. List the common sites for measuring the following:
- 5.1.1. Pulse (10 Marks)
- 5.1.2. Temperature (10 Marks)
- 5.2. List the characteristics that should be noticed while taking pulse. (15 Marks)
- 5.3. Briefly explain the factors affecting the pulse rate. (45 Marks)

6.

- 6.1. Briefly describe the factors that influenced on sleeping? (30 Marks)
- 6.2. Briefly write the nursing measures that can be provided to a hospitalized patient to improve sleeping. (40 Marks)
- 6.3. Briefly explain the mechanism of sleep-wake cycle. (30 Marks)