



UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING

THIRD YEAR FIRST SEMESTER EXAMINATION – JAN 2016

NURNP 3101 NURSING PRINCIPLES AND PROCEDURES IV

Date: 18.01.2016

Time: 03 Hours

**ANSWER ALL SIX QUESTIONS**

1.
  - 1.1. What do you mean by restraints? (05 Marks)
  - 1.2. List 5 examples for restraints. (10 Marks)
  - 1.3. List the possible complications that may arise due to prolonged application of physical restraints. (15 Marks)
  - 1.4. Briefly describe the effects of prolonged bed rest in the following systems:
    - 1.4.1. Respiratory system (10 Marks)
    - 1.4.2. Gastrointestinal system (10 Marks)
    - 1.4.3. Musculoskeletal system (10 Marks)
  - 1.5. Discuss the possible nursing diagnosis and its nursing intervention for a immobilized patient. (40 Marks)
  
2. Mrs. Ponnamma, known diabetic for the last 30 years, was admitted to the surgical ward with diabetic wound in right big toe.
  - 2.1. Briefly discuss how wound healing will be affected for this patient. (20 Marks)
  - 2.2. List five possible complications of diabetic wound. (15 Marks)
  - 2.3. Write five possible nursing diagnosis for this patient. (15 Marks)
  - 2.4. Briefly describe the impact of diabetics on the patients' psychological health. (20 Marks)
  - 2.5. Briefly describe the self-care of foot for a diabetic client. (30 Marks)

3.
  - 3.1. Define “Sensory perception”. (10 Marks)
  - 3.2. What do you understand by “sensory deficit” and list five types of sensory deficits? (20 Marks)
  - 3.3. Write the effect of sensory deprivation on cognitive and affective function of the brain. (20 Marks)
  - 3.4. “Occupational and leisure activities lead to sensory alteration” justify this statement with example. (20 Marks)
  - 3.5. Briefly describe the nursing management of a patient with hearing impairment. (30 Marks)
4.
  - 4.1. Define epilepsy. (10 Marks)
  - 4.2. Briefly explain the “Generalized tonic-clonic seizure” and “Partial seizure”. (20 Marks)
  - 4.3. What do you mean by status epilepticus and write possible causes for status epilepticus. (20 Marks)
  - 4.4. Briefly describe the nursing management of a patient during and after the epileptic attack. (30 Marks)
  - 4.5. Write the health advice that should be given to a mother who has a child with risk of fibrile fits. (20 Marks)
5.
  - 5.1. Define sexual health (10 Marks)
  - 5.2. List the sexual rights of a person. (30 Marks)
  - 5.3. Describe the phases of sexual response cycle and mention the common Problems of each phase (40 Marks)
  - 5.4. Briefly describe the common paraphilias. (20 Marks)
6.
  - 6.1. List the possible causes of lowered self-image of a hospitalized patient. (20 Marks)
  - 6.2. As a nursing officer how can you enhance the self-esteem of a patient you are caring (40 Marks)
  - 6.3. Analyze the patient’s safety measures in a medical ward in Teaching hospital. (40 Marks)