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UNIVERSITY OF JAFFNA, SRI LANKA

BACHELOR OF SCIENCE IN NURSING

FOURTH YEAR SECOND SEMESTER EXAMINATION – JULY 2015

NURGN 4202 GERIATRIC NURSING

Date: 08.07.2015

Time: 02 Hours

ANSWER ALL SIX QUESTIONS

1. Mr. Rajendran, who is an 80 year old gentleman, complains that he does not feel like eating. Assessments by doctor revealed that he is losing weight progressively with no underlying illness.
 - 1.1. Describe the normal changes in gastrointestinal system that occurs with aging (20 marks)
 - 1.2. Outline the reasons for under nutrition in older persons. (30 marks)
 - 1.3. List the problems that may arise due to imbalanced nutritional status (10 marks)
 - 1.4. Briefly describe the appropriate nursing interventions that you plan to carryout to Mr.Rajendran (40 marks)

2. Falls among elders are very common
 - 2.1 List the intrinsic & extrinsic factors that contribute to fall in older persons. (30 marks)
 - 2.2 List the medical conditions due to aging that may contribute to fall. (20 marks)
 - 2.3 Discuss the nursing interventions that can be done to prevent falls among elders? (50 marks)

- 3 Assume that you are a nurse involved in caring of elders in an elders' home:
 - 3.1 Explain the steps to be taken to satisfy the needs of an institutionalized elder. (40 marks)
 - 3.2 Discuss how you will support elders for healthy ageing (30 marks)
 - 3.3 Describe different types of elder abuses that can happen in elders' homes (30 marks)

4

- 4.1 Communication is a major problem among elders.
 - 4.1.1 Briefly discuss the barriers of communication among elders (30 marks)
 - 4.1.2 Discuss how you will improve the communication among elders. (30 marks)
- 4.2 Discuss the services available for elders in Sri Lanka. (40 marks)

5 Mr. Sundram, who is a 75 year old gentleman, was recently diagnosed with Alzheimer's disease. His family members are extremely upset regarding his condition and asking you to learn more about Mr. Sundram's condition.

- 5.1 What do you mean by Alzheimer's disease (10 marks)
- 5.2 Mention the signs and symptoms of Alzheimer's disease (20 marks)
- 5.3 Discuss how Alzheimer's disease might impact the functional ability, independence and psychosocial well-being of an elderly adult. (30 marks)
- 5.4 Briefly explain how you will educate his family members regarding care for Mr. Sundram. (40 marks)

6 A 76 year old woman has been admitted to an elders' home one week ago and now she has developed Insomnia.

- 6.1 Briefly describe the causes for insomnia in this woman. (40 marks)
- 6.2 Discuss the interventions that can be done for this woman to overcome this problem (40 marks)
- 6.3 List the problems that may arise if insomnia continues for a longer period. (20 marks)