

UNIVERSITY OF JAFFNA, SRI LANKA
BACHELOR OF SCIENCE IN NURSING
FIRST YEAR SECOND SEMESTER EXAMINATION – JULY 2015
NURNP 1205 NURSING PRINCIPLES AND PROCEDURES I

Date: 14.07.2015

Time: 03 Hours

ANSWER ALL SIX QUESTIONS

1.
 - 1.1. Name 10 different positions and two situations where each position can be used (50 marks)
 - 1.2. Name 10 comfort devices and one usage of each of them (30 marks)
 - 1.3. List the articles that are needed to prepare the fracture bed (20 marks)

2.
 - 2.1. Briefly describe the common foot problems (50 marks)
 - 2.2. Explain how you will educate a diabetic client regarding foot care (50 marks)

3.
 - 3.1. Define Systolic and Diastolic blood pressure (10 marks)
 - 3.2. Briefly explain the factors affecting the blood pressure. (50 marks)
 - 3.3. Write possible health education that can be given to a patient with hypertension. (40 marks)

4.
 - 4.1. Briefly discuss the health care system available in Sri Lanka (50 marks)
 - 4.2. Discuss the role of a nurse in a health care delivery system. (50 marks)

5. Mrs. Santhiya is admitted to your ward and has been inserted with NG tube for more than 3 days.
- 5.1. What are the purposes of giving mouth care to this patient? (10 marks)
 - 5.2. Briefly discuss the problems that can arise due to neglected mouth. (40 marks)
 - 5.3. What health advice will you give to Mrs.Santhiya and her family regarding oral hygiene? (30 marks)
 - 5.4. List the types of patients who require frequent mouth care (20 marks)
6. Mrs. Mary, who is an 80 year old woman, has been bedridden for a month, and is in danger of developing decubitus ulcer.
- 6.1. What is decubitus ulcer? (10 marks)
 - 6.2. What are the common causes of decubitus ulcer (20 marks)
 - 6.3. What are the signs and symptoms that should be observed for this client to find the development of decubitus ulcer? (20 marks)
 - 6.4. Briefly discuss the preventive measures of decubitus ulcer (50 marks)