

UNIVERSITY OF JAFFNA, SRI LANKA.  
BACHELOR OF SCIENCE IN NURSING  
THIRD YEAR FIRST SEMESTER EXAMINATION - NOVEMBER 2014  
NURAH 3101 ADULT HEALTH NURSING II- PAPER II

Date: 18.11.2014

Time: 02 Hours.

**ANSWER ALL SIX QUESTIONS.**

Use separate booklets for Part A and Part B

**PART A**



1.

1.1.

1.1.1. Give 6 causes for sudden loss of consciousness in dental chair after giving local anesthesia (10 Marks)

1.1.2. List the sequale of untreated dento-alveolar abscess (DAA)  $\frac{1}{8}$  (15 Marks)

1.1.3. List the clinical features help to identify the malignant transformation of inert ulcer (15 Marks)

1.1.4. List 4 measures taken to reduce post-operative swelling (10 Marks)

1.2. Draw CPR basic life support flow chart? (50 Marks)

2. 50 year old motor bike rider admitted immediately in your hospital with the history of road traffic accident. On admission he has diminished of motor and sensory function in both lower limbs. Briefly mention the treatment steps and indicate the role of a nursing officer at this situation. (100 Marks)

## PART B

3. A 60 year old male diagnosed with Type 2 DM on treatment was brought by relatives as he was found unconscious. Capillary blood sugar on arrival was 1 mmol/L (18 mg/dl) and rest of the vital parameters were normal. Excepts GCS (3/15)
- 3.1. How do you call this biochemical abnormality (05 Marks)
- 3.2. As a nursing officer in the Emergency department, What will you do immediately? (20 Marks)
- 3.3. If you could not get an IV access , what alterations you can consider (15 Marks)
- 3.4. List three (3) reasons that can cause above condition (15 Marks)
- 3.5. List the classical symptoms of above condition (15 Marks)
- 3.6. How would you advise this patient on discharge to prevent further similar Episodes (30 Marks)
4. A 65 year old man on a background of Diabetic mellitus and hypertension came with acute onset of Rt/ face – arm- leg weakness with aphasia. Non contrast CT brain confirmed the diagnosis of acute ischemic infarction. His GCS on admission was 7/15.
- 4.1. Outline the nursing care of this patient (20 Marks)
- 4.2. On the following day, he developed generalized tonic – clonic seizure  
As a nursing officer:
- 4.2.1. How will you manage this patient until the doctor arrive (20 Marks)
- 4.2.2. What bed side test you will do immediately (15 Marks)
- 4.3. As per advised by nutritionist you are about to start NG feeding. But patient is refusing to have a NG tube. What you will do? (15 Marks)
- 4.4. What are the components of stroke rehabilitation and outline the role of a Nursing officer in stroke rehabilitation (30 Marks)



5.

5.1. A 40 year old female presented with a history of infective diarrhea for 3 days

5.1.1. As a nursing officer, what information you will provide to a medical officer during ward round about diarrhea

(20 Marks)

5.1.2. What clinical information you will gather to assess the state of hydration on this patient?

(20 Marks)

5.1.3. List few advice you will give on discharge to minimize the spread of infectious diarrhea

(10 Marks)

5.2. Briefly describe the possible health teaching for the patient with following disease conditions

5.2.1. Otitis media

(25 Marks)

5.2.2. Cataract

(25 Marks)

6.

6.1.

6.1.1. List the causes of Epistaxis

(15 Marks)

6.1.2. Explain the management to control Epistaxis

(35 Marks)

6.2.

6.2.1. List the inflammatory conditions of the eye

(20 Marks)

6.2.2. What are assessments that should be made for the patient with blurring vision

(30 Marks)