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UNIVERSITY OF JAFFNA, SRI LANKA.
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR FIRST SEMESTER EXAMINATION - JULY- 2013
NURMN 4102 MATERNITY NURSING I – PAPER II

Date: 25.07.2013

Time: 02 Hours.

ANSWER ALL SIX QUESTIONS.



1.
 - 1.1. Define pregnancy (10 Marks)
 - 1.2. Discuss; how to diagnose and confirm the pregnancy. (30 Marks)
 - 1.3. Explain your responsibilities on care of a primi gravida who attends the antenatal clinic for the first time (60 Marks)

2.
 - 2.1. Define puerperium (10 Marks)
 - 2.2. Briefly explain the Process of involution of uterus (20 Marks)
 - 2.3. How would you monitor a mother in the first 24 hours postpartum who has had uncomplicated vaginal delivery (30 Marks)
 - 2.4. Outline the advice you would give to a postnatal mother on discharge (40 Marks)

3. Write explanatory note on:
 - 3.1. Partogram (50 Marks)
 - 3.2. Minor disorders of new born (50 Marks)

4.
 - 4.1.
 - 4.1.1. Define the stages of Labour (30 Marks)
 - 4.1.2. Briefly explain the preparation of the labour room before conducting delivery (30 Marks)
 - 4.2.
 - 4.2.1. List the indications for Episiotomy? (20 Marks)
 - 4.2.2. Briefly write about types of Episiotomy (20 Marks)

5. A 26 year old primi gravid at a Period of Amenorrhoea (POA) of 39 weeks was admitted to the antenatal ward with intermittent abdominal pain of 2 hours duration
 - 5.1. How would you diagnose true labour (20 Marks)
 - 5.2. What assessments and observations would you make for this mother? (30 Marks)
 - 5.3. Briefly discuss the possible nursing measures to alleviate the problems of this mother. (50 Marks)

6. Briefly describe the physiological changes that take place in the following system during pregnancy:
 - 6.1. Gastrointestinal system (40 Marks)
 - 6.2. Skin (35 Marks)
 - 6.3. Breast (25 Marks)