UNIVERSITY OF JAFFNA, SRI LANKA.
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR FIRST SEMESTER EXAMINATION - JULY- 2013
NURNP 4101 NURSING PRINCIPLES & PROCEDURES V

Date: 30.07.2013   Time: 03 Hours.

ANSWER ALL SIX QUESTIONS.

1.

    1.1. Define sexual health   (20 Marks)

    1.2. List the sexual rights of a person.   (30 Marks)

    1.3. Briefly describe the characteristics of a sexually healthy person   (20 Marks)

    1.4. Identify the individual barriers to discuss the sexuality in your
         familiar health care setting   (30 Marks)

2.

    2.1 What do you mean by safety of a person   (10 Marks)

    2.2 List the risk factors for fall   (20 Marks)

    2.3 List 5 nursing diagnosis related to safety of a patient   (20 Marks)

    2.4 Briefly describe the risks in health care environment   (50 Marks)

3.

    3.1. Briefly describe how disease conditions can affect a person's
      body image and sexuality   (30 Marks)

    3.2. Discuss why health care professionals give low priority to sexual health   (30 Marks)

    3.3. Develop strategy to enhance the quality of sexual health care.   (40 Marks)

4.

    4.1. Define the term self esteem   (10 Marks)

    4.2. List the common signs of Low self esteem   (20 Marks)

    4.3. As a Nurse how will you help a person with low self esteem to improve
the level of self esteem   (35 Marks)

    4.4. "Restrain can lower the self esteem of a patient" , how would you
ensure the self esteem of a restrained patient   (35 Marks)

5.

    5.1. List the common sexual dysfunctions   (20 Marks)

    5.2. Write the causes of sexual dysfunctions   (20 Marks)

    5.3. Describe the sexual response cycle   (40 Marks)

    5.4. Briefly describe 10 atypical sexual behaviors (Paraphilias)   (20 Marks)

6.

    6.1. Define Restraints   (10 Marks)

    6.2. List the types of restraints   (10 Marks)

    6.3. List the indications for applying restraints   (20 Marks)

    6.4. Advice the family members regarding home care of a patient with
restraints   (30 Marks)

    6.5. Briefly describe the unwanted events caused by restraint application,
and the Nursing interventions to prevent those events   (30 Marks)